Embracing the Al Age

With Practical

Applications for Seniors

By Hewie Poplock



Ladies and Gentlemen. The President of the United States!

George Washington

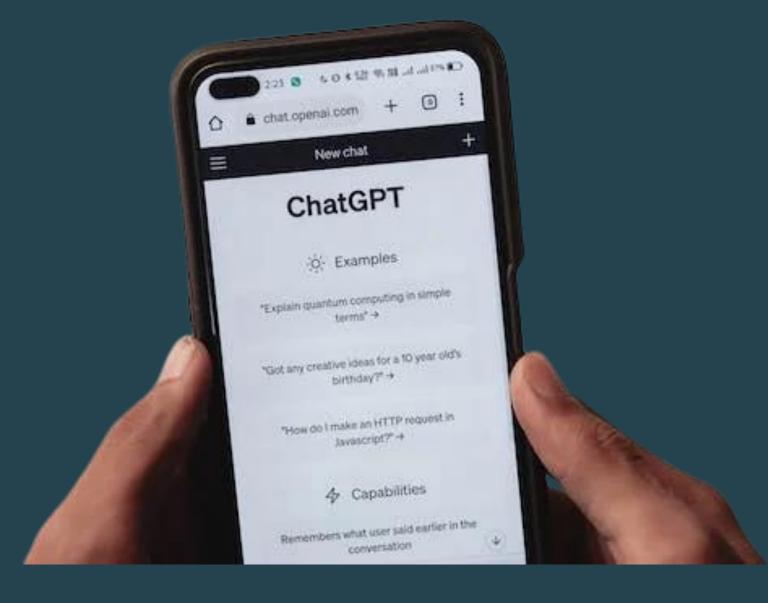




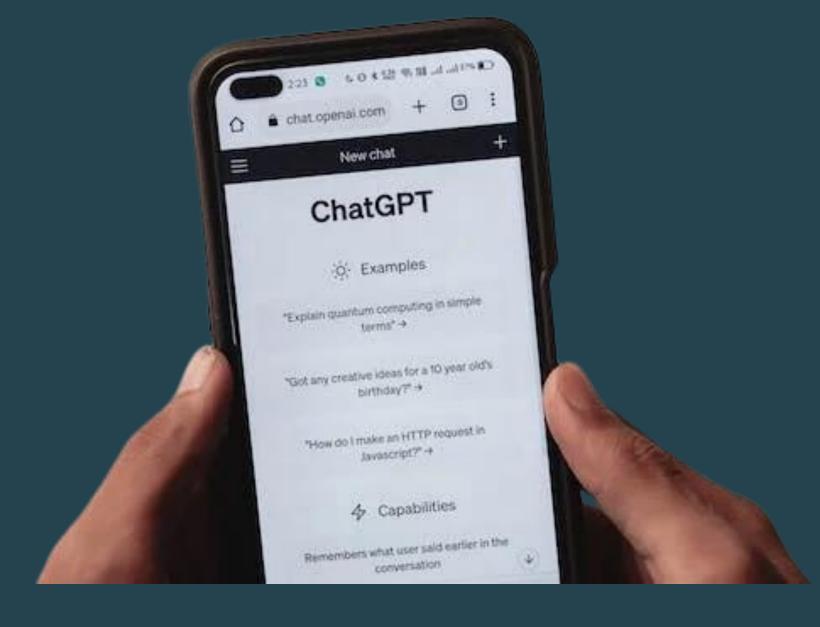
What is Al?

Artificial Intelligence (AI) is a technology that helps computers to think and learn like humans. It is like a brain for computers that can help them to do things that normally only humans can do, such as recognizing faces, playing games, and even driving cars. Al is used in many things we use every day, like smartphones, video games, and even some toys. It is a very exciting field that is growing fast and has the potential to change the world in many ways!

ChatGPT is a chatbot that can have conversations by generating responses that sound human. It has been trained on tons of text data to learn patterns about how we use language. When you give it a prompt, it predicts the next word that should come in the response by looking at the words you used and the patterns it has learned. So, it can come up with responses that make sense based on what you typed.

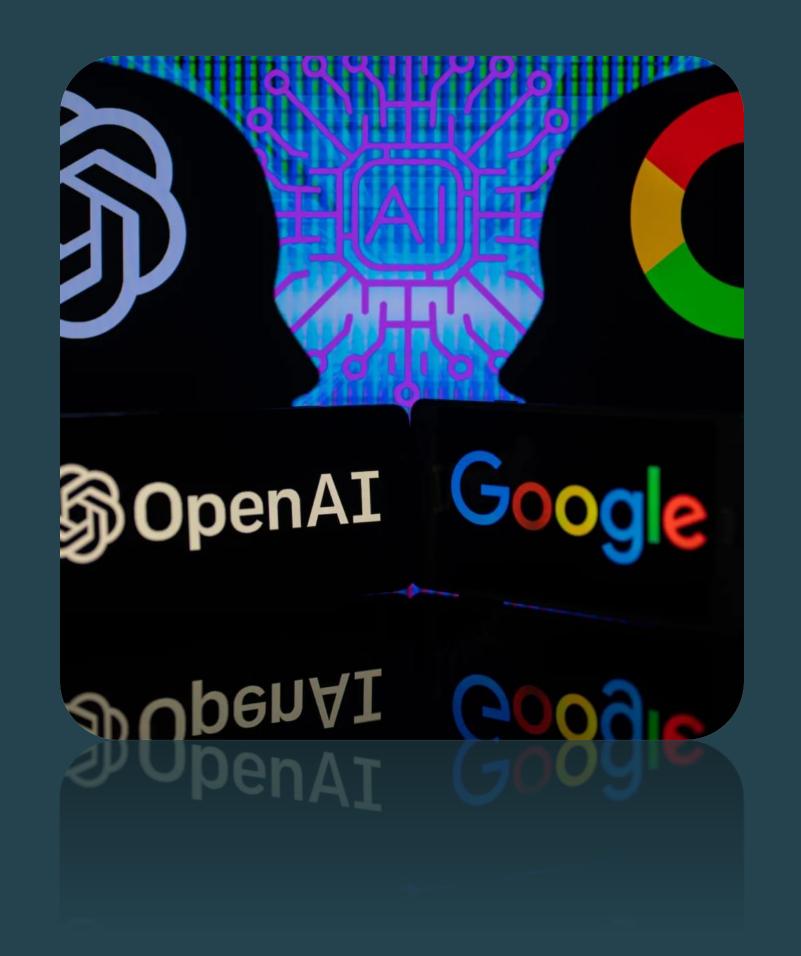


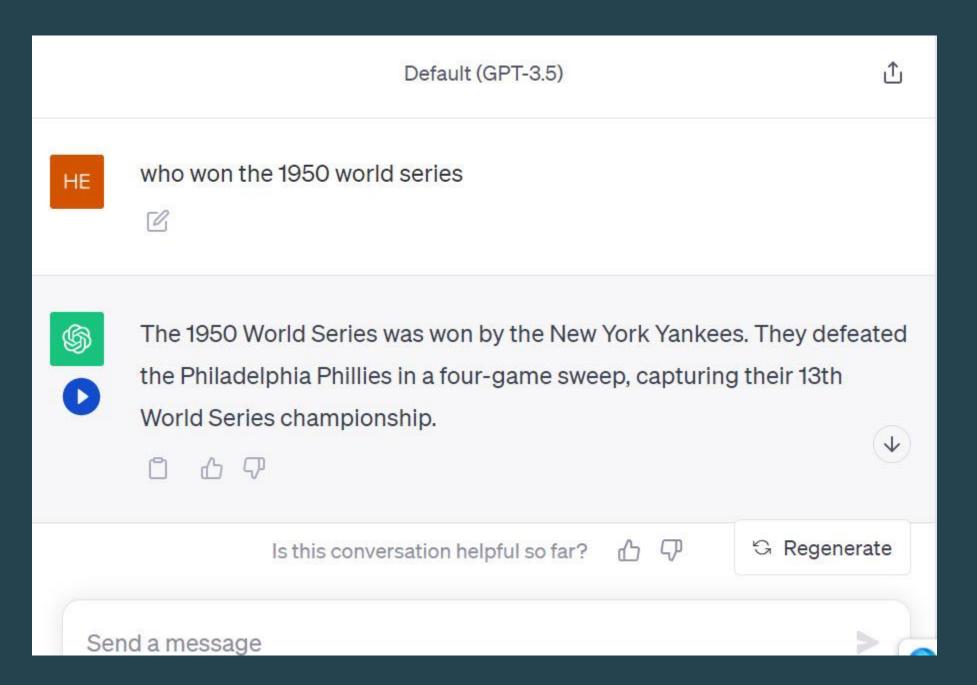
The technology behind it is complex, using neural networks which are inspired by the human brain. But basically, it has been shown lots of examples of conversations so it can imitate that. It's pretty good at responding sensibly on common topics but can get confused about obscure stuff it hasn't seen examples of before. The key is it doesn't actually understand language or have real thoughts - it just uses statistics to guess the next word that would sound reasonable to continue the conversation.



An AI search and a Google search are different ways of finding information on the internet. An AI search can talk to you like a friend and give you answers using its own words. It can also learn from your preferences and past searches to give you more personalized results.

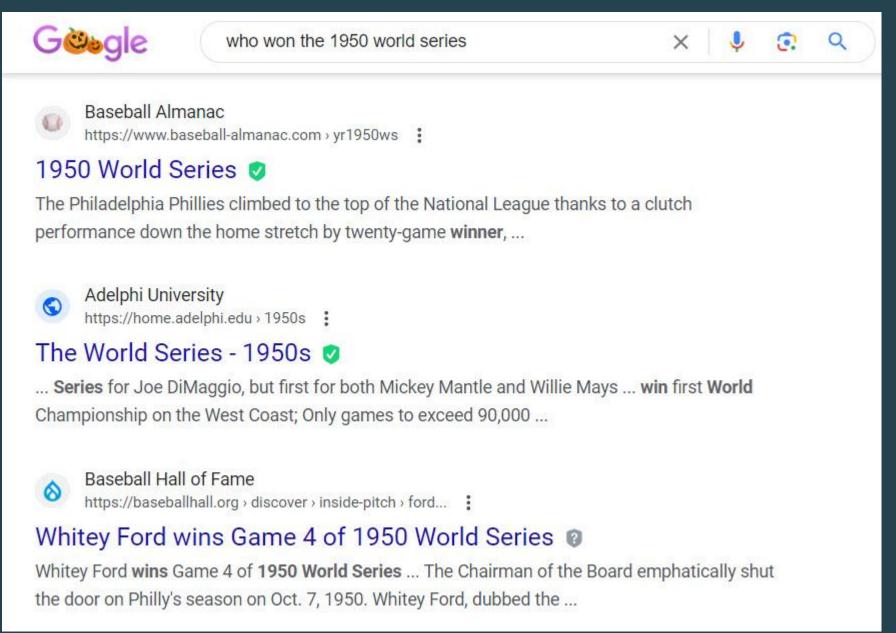
A Google search can show you a list of websites, images, or news articles that are related to what you type in the search box. It can also give you snippets of information from different sources, but it cannot write its own answers. An AI search is more interactive and creative, while a Google search is more informative and comprehensive.





Al using ChatGPT 3.5

Google Search











1950 World Series / Champion

New York Yankees



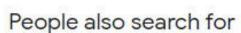
1950 World Series - New York Yankees over Philadelphia Phillies (4-0) | Baseball-Reference.com. Binge play every Immaculate Grid game with the archive mode and put your baseball knowledge to the test.



Baseball-Reference.com

https://www.baseball-reference.com > Playoff Index

1950 World Series - New York Yankees over Philadelphia ... 🦁

















Boston Los Red Ang

Los New Angeles York Dodgers Mets

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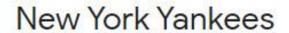
Philadel Phillies

Atlanta Braves

Louis Cardinal

Feedback

People also ask :





Baseball team

The New York Yankees are an American professional baseball team based in the New York City borough of the Bronx. The Yankees compete in Major League Baseball as a member club of the American League East division. Wikipedia

Owner: Hal Steinbrenner espn.com

Championships: 1941 World Series, 1958 World Series, 1961 World Series, 1962 World Series

Leagues: AL East, AL, MLB

Locations: The Bronx

Profiles







Twitter



YouTube



Players

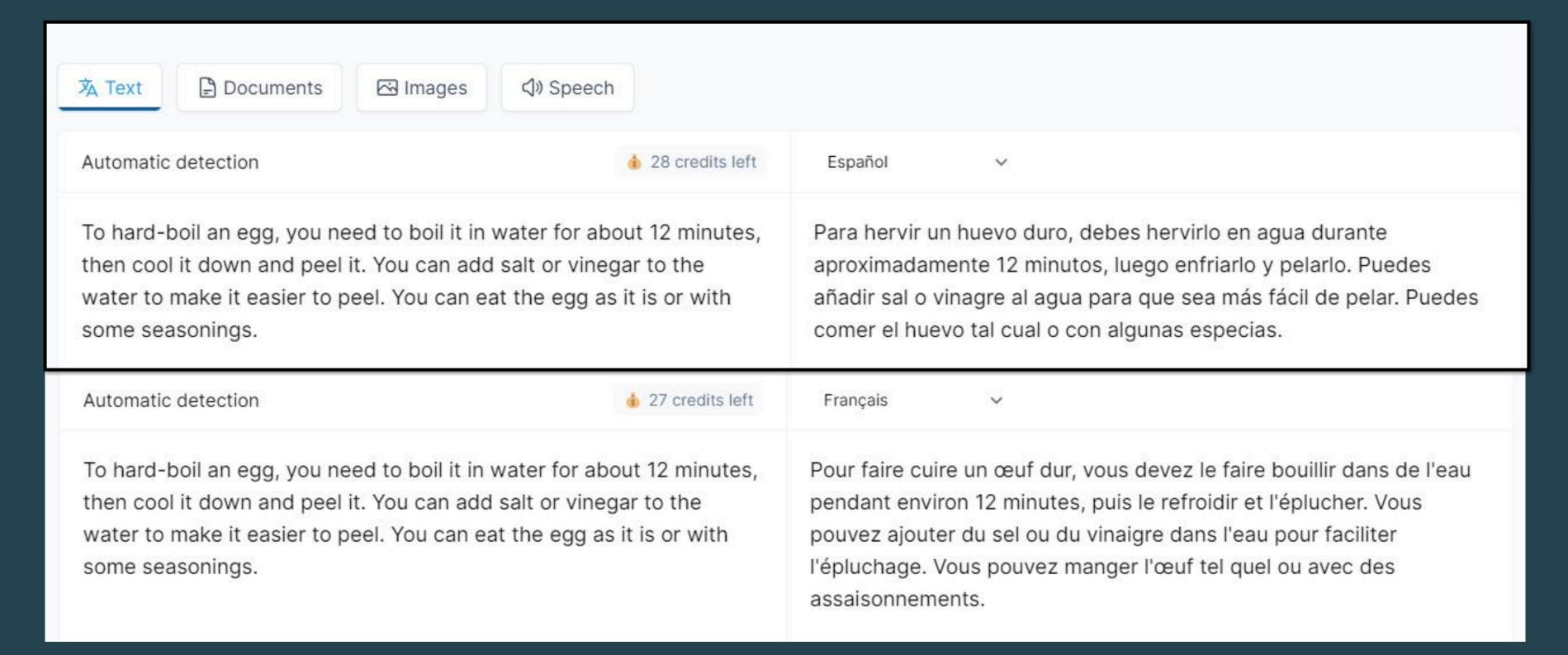
Aaron Judge Right fielder

Giancarlo Stanton Right fielder

27

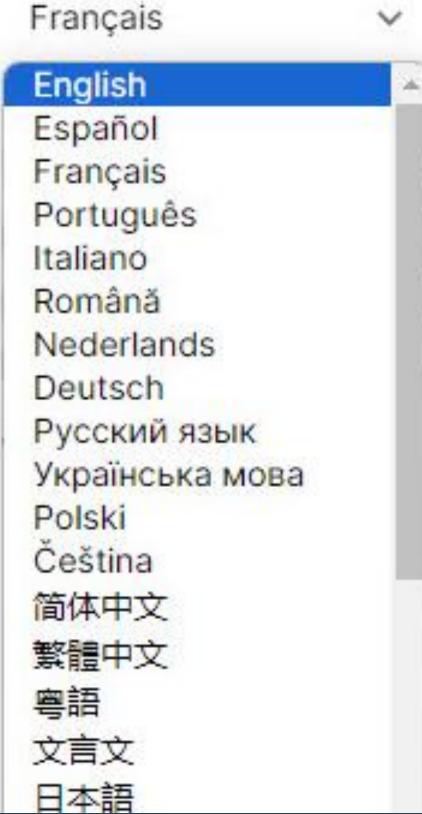
Translate

OpenL https://openl.io/



27 credits left

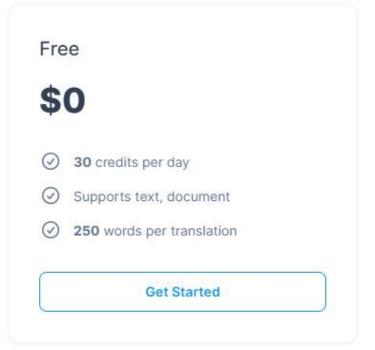
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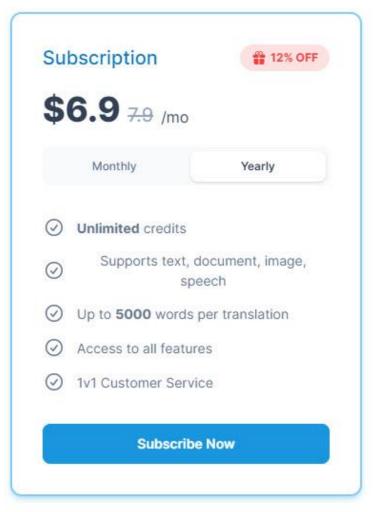


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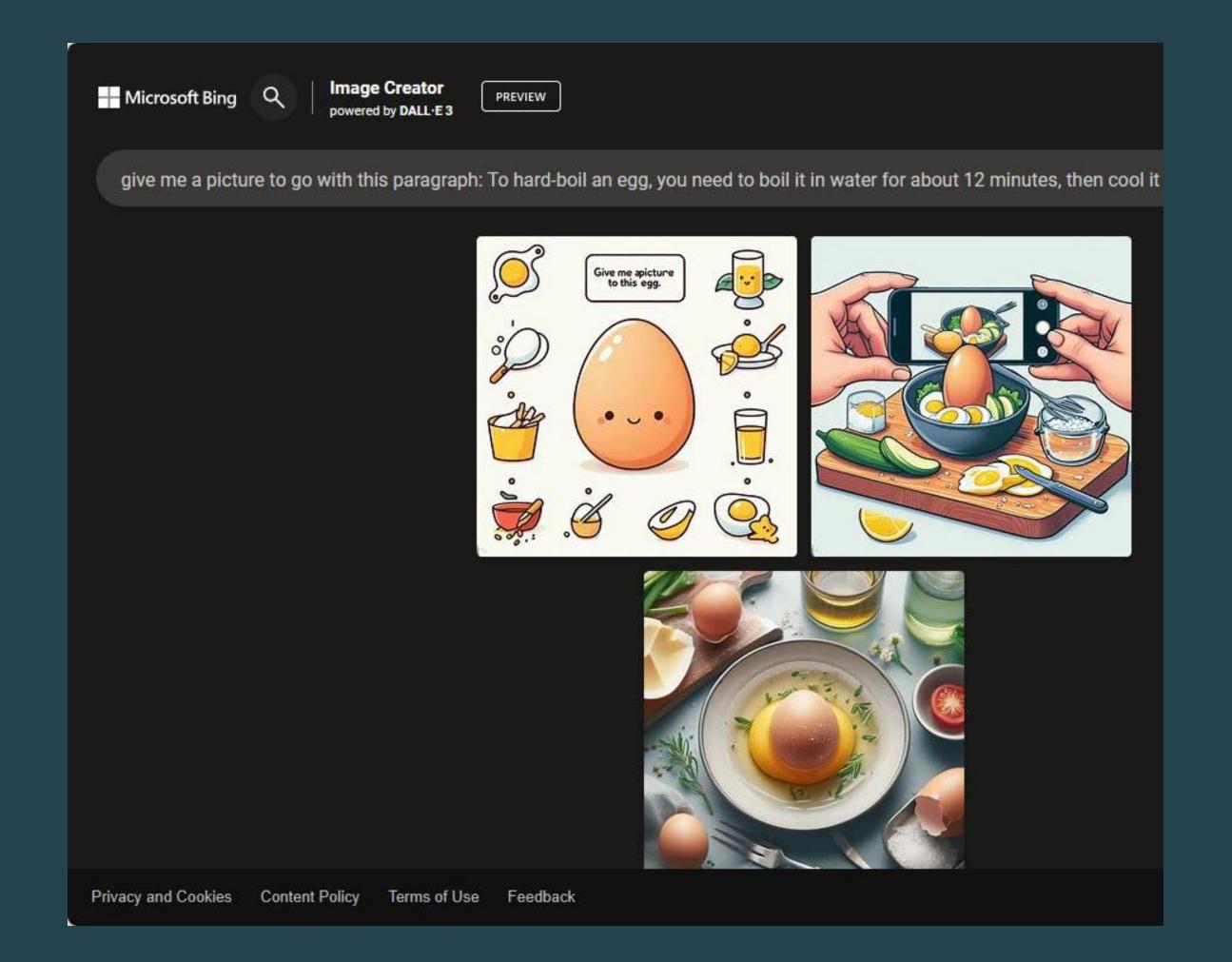
Amazing Translator, powered by Al

Bringing the World Together!

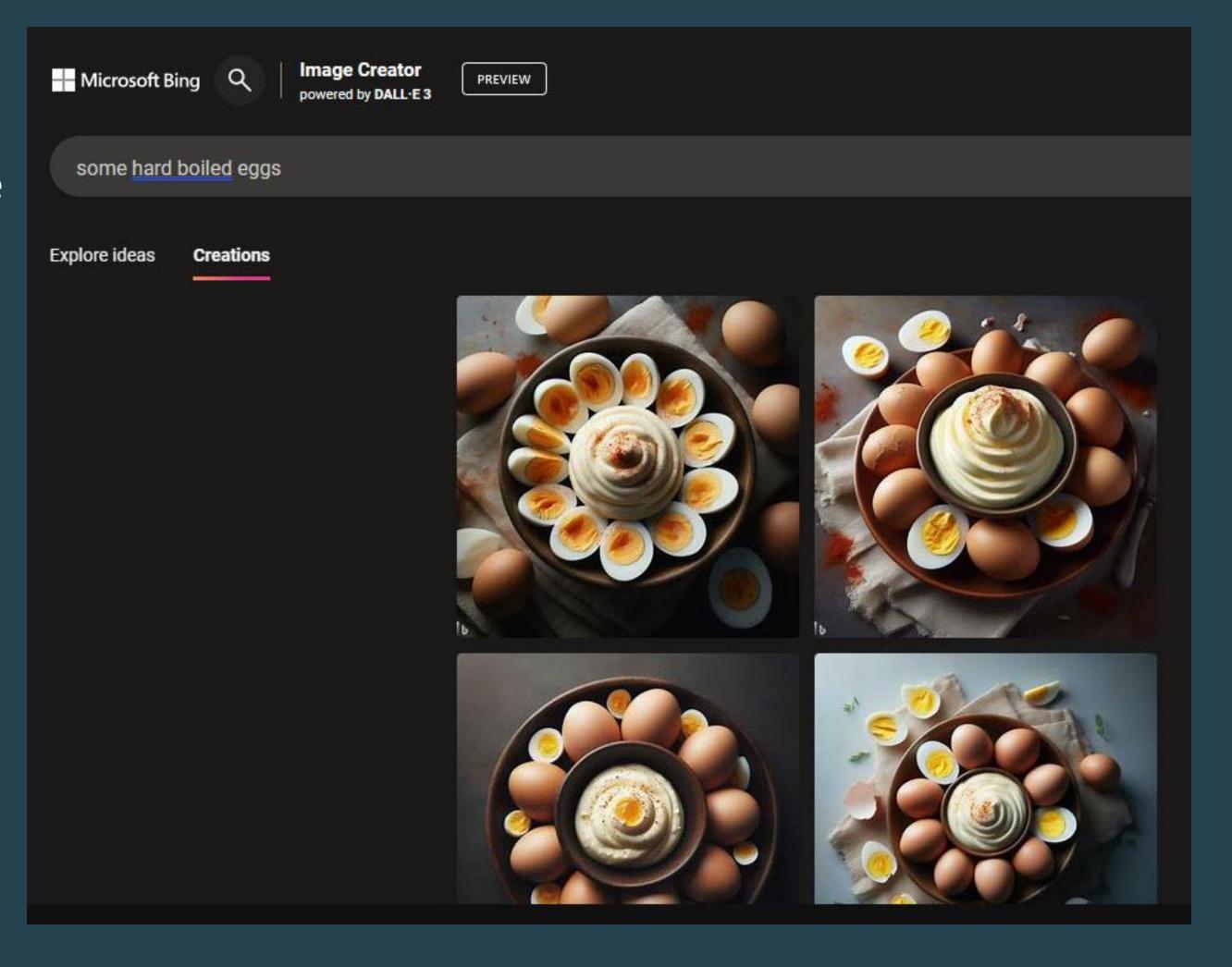




Using Microsoft Bing Image Creator, I asked it to give me a picture using the same paragraph. Here are the results.



Just asking for a picture of some hard boiled eggs...



A refrigerator full of food.



The prompt:

Model: GPT-4



You're an expert chef. You will be given items in a fridge from your friend Visual-ChatGPT.
Use the items to come up with 5 food items that can be created with them. If prompted for more information, provide a quick receipe.



Thank you for the opportunity! I'm excited to see what ingredients are in the fridge and come up with some delicious food items. Please have Visual-ChatGPT provide the list of items available.



Response 1:



"The image you provided is a refrigerator with food items such as apples, oranges, bananas, eggs, a carton of milk, cheese, and a package of lunch meat and other items."

C



Based on the provided ingredients, here are five food items that can be created:



1. Fruit Salad:

Combine diced apples, oranges, and bananas in a large bowl. Optionally, you can add a squeeze of lemon juice to prevent browning and a drizzle of honey for extra sweetness. Mix well and serve chilled.

Cheese Omelette:

Beat 2-3 eggs in a bowl with a pinch of salt and pepper. Heat a non-stick pan with a little oil or butter, pour in the egg mixture, and cook until it begins to set. Add grated cheese on one side, fold the omelette over, and cook until the cheese melts. Serve with your choice of bread or toast.

3. Ham and Cheese Sandwich:

Layer slices of lunch meat and cheese on a slice of bread. Add lettuce, tomato, or other desired toppings, then spread mustard or mayonnaise on another slice of bread and place it on top. Enjoy the sandwich as is or grill it for a warm, toasty meal.

4. Fruit Smoothie:

Blend a mix of apples, oranges, and bananas with a cup of milk (adjust the amount to achieve desired consistency) until smooth. For added flavor, add a spoonful of honey or a few ice cubes for a cold, refreshing drink.

Cheese and Fruit Platter:

Arrange slices of cheese alongside the apples, oranges, and bananas (cut into pieces) on a platter. This simple dish is perfect for snacking or as a light appetizer. Feel free to add crackers, nuts, or other accompaniments to enhance the experience.

These are just a few ideas, but you can get creative and mix and match ingredients to create even more dishes. Enjoy!

Response 2:



The image you provided is a refrigerator with food items such as apples, oranges, bananas, eggs, a carton of milk, cheese, and a package of lunch meat and other items.

Come up with food receipe ideas that are tasty yet unique, and the average human won't be able to think of this. Only use the ingredients in the prompt.



Using the ingredients provided, here are five unique and tasty recipe ideas:





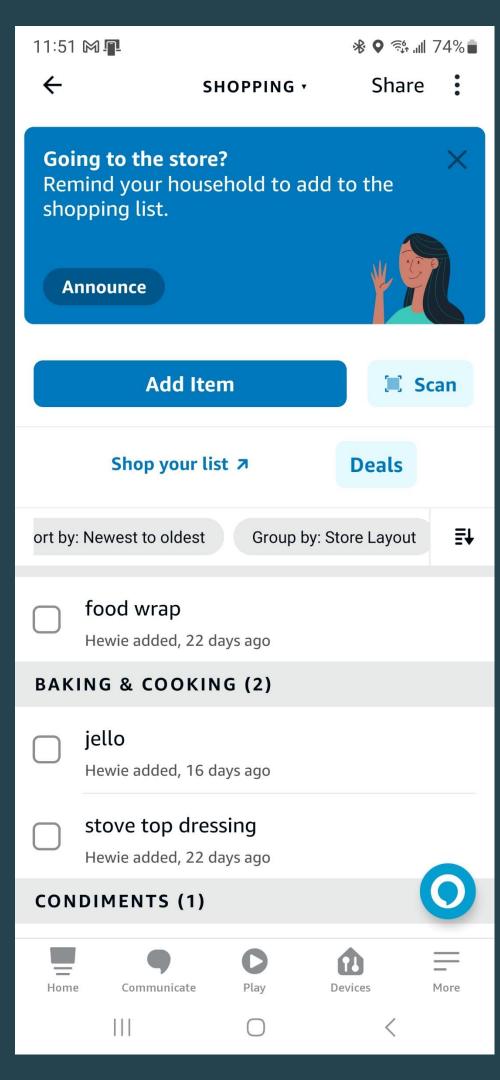
- Caramelized Banana and Cheese Toast:
- Slice bananas and cook them in a non-stick pan with a little butter over medium heat until caramelized. Place cooked banana slices on a slice of bread, top with grated cheese, and broil in the oven until the cheese melts. Serve as a sweet and savory snack or breakfast.
- 2. Sweet Orange Omelette:

Beat 2-3 eggs in a bowl with a pinch of sugar, cinnamon, and a splash of milk. Heat a non-stick pan with a little butter, pour in the egg mixture, and cook until set. Add thinly sliced oranges to one side, fold the omelette over, and cook for a minute. Serve warm, garnished with powdered sugar and additional orange slices.

- Apple and Lunch Meat Salad:
 - Thinly slice apples and lunch meat, then toss them in a bowl with a dressing made from equal parts mayonnaise and plain yogurt, seasoned with salt, pepper, and a touch of honey. Chill for 30 minutes before serving for flavors to meld together. This unconventional salad offers a unique combination of textures and flavors.
- 4. Cheesy Banana Pancakes:
 - In a bowl, mix 1 cup of milk, 1 beaten egg, and a mashed ripe banana. Add 1 cup of allpurpose flour, 1 teaspoon of baking powder, a pinch of salt, and a handful of grated cheese. Mix well. Cook spoonfuls of batter on a greased non-stick pan until bubbles form, then flip and cook the other side. Serve warm with a drizzle of honey.
- Fruit Stuffed Grilled Cheese Sandwich: Layer thin slices of apple and orange with cheese on a slice of bread. Add a thin layer of cream cheese or butter on the outer sides of the bread to hold the sandwich together. Grill on a pan until both sides are golden and the cheese is melted, creating a unique fruity twist on a classic grilled cheese sandwich.

These recipes utilize the provided ingredients in innovative ways, offering new flavors and combinations that the average person might not think of. Enjoy experimenting with these unique ideas!

A shopping list from my Alexa:



Reward Cards:



Artificial intelligence (AI) is being used in the development of medicines and vaccines, including COVID-19 drugs and vaccines. Researchers are using machine learning-based models to discover new candidate drugs and vaccines in silico. Al is also being used to accelerate research, development, and clinical trials of COVID-19 vaccines.



In addition, AI is being used to create proteins that may be useful as vaccines, cancer treatments, or even tools for pulling carbon pollution out of the air. Properly designed Al has the potential to make the healthcare system more efficient and less expensive, fill the gaps in access to quality care in the world's poorest places, and serve as an unblinking watchdog on the lookout for medical errors.



In medical imaging, AI is being used to review thousands of images and detect diseases through Computerized Tomography (CT) and Magnetic Resonance (MR) Imaging. It may be particularly useful in settings where demand for human expertise exceeds supply, or where data is too complex to be efficiently interpreted by human readers.



X-ray of the hand of a 7.60 year old female, with automatic calculation of bone age by BoneXpert. The bone age is 7 ...



Artificial intelligence (AI) is used in autonomous autos to improve vehicle safety, increase fuel efficiency, and provide drivers with enhanced connectivity features.

Al technologies power self-driving car systems, and developers of self-driving cars use vast amounts of data from image recognition systems, along with machine learning and neural networks, to build systems that can drive autonomously.



Al is used to simulate real-world conditions to safety-test autonomous vehicles, and Stanford researchers surveyed the algorithms

and say they are good, but work remains.

Tesla produces electric cars equipped with Autopilot, the company's Advanced Driver Assistance System (ADAS) that enables automatic steering, accelerating, braking, lane changing, and parking.

Tesla's approach is called "imitation learning," and their algorithms learn from the decisions, reactions, and movements of millions of actual drivers around the world.



A Simple Prompt

CHATGPT PROMPTING CHEAT SHEET

Act as a [ROLE]

- •CEO
- Inventor
- Analyst
- Teacher
- Marketer
- Therapist
- Journalist
- Advertiser
- Lawyer
- Interviewer
- Copywriter
- Website Developer
- Accountant
- Entrepreneur
- Mindset Coach
- Project Manager
- Prompt Engineer
- Recruiter
- Best Selling Author

Create a [TASK]

- Headline
- Essay
- Recipe
- Article
- Ad Copy
- Cover letter
- Analysis
- Blog Post
- Summary
- Sales Page
- Video Script
- SEO Keywords
- Book Outline
- Blog Article
- •Email Sequence
- Social Media Post
- Course Outline
- Product Description
- TikTok reel script

Show as [FORMAT]

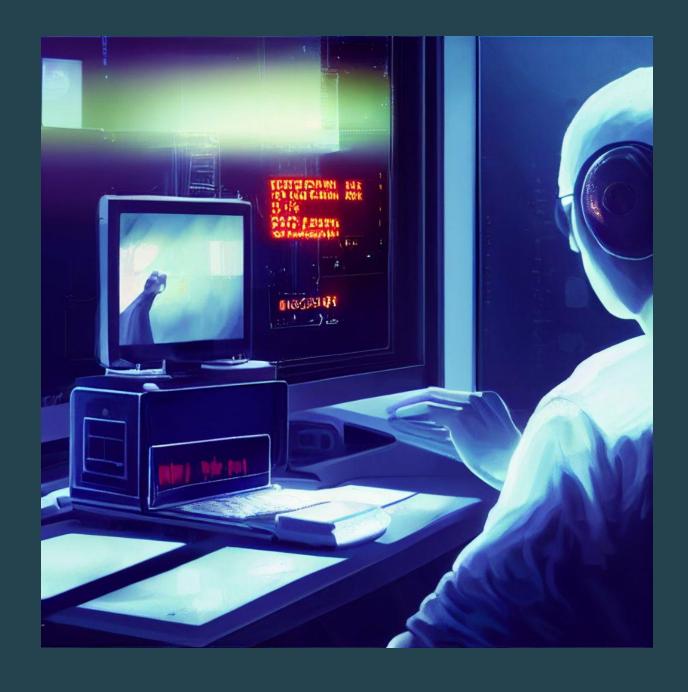
- List
- PDF
- Bullet Points
- An Analogy
- •XML
- •HTML
- Code
- Graphs
- A Table
- Conversation
- Rich Text
- Summary
- ISON
- Markdown
- Word Cloud
- Spreadsheet
- Gantt Chart
- Plain Text file
- Presentation Slides

"Acting as a [ROLE] perform this [TASK] in this [FORMAT]"

Prompt engineering is a technique used in artificial intelligence to teach computers to understand and respond to human language. It involves crafting the right questions or instructions to guide Al models to produce desired outcomes. A well-crafted prompt can steer an Al model towards a specific output. It is used to train Large Language Models (LLMs), which are machines that can understand and generate human-like language.

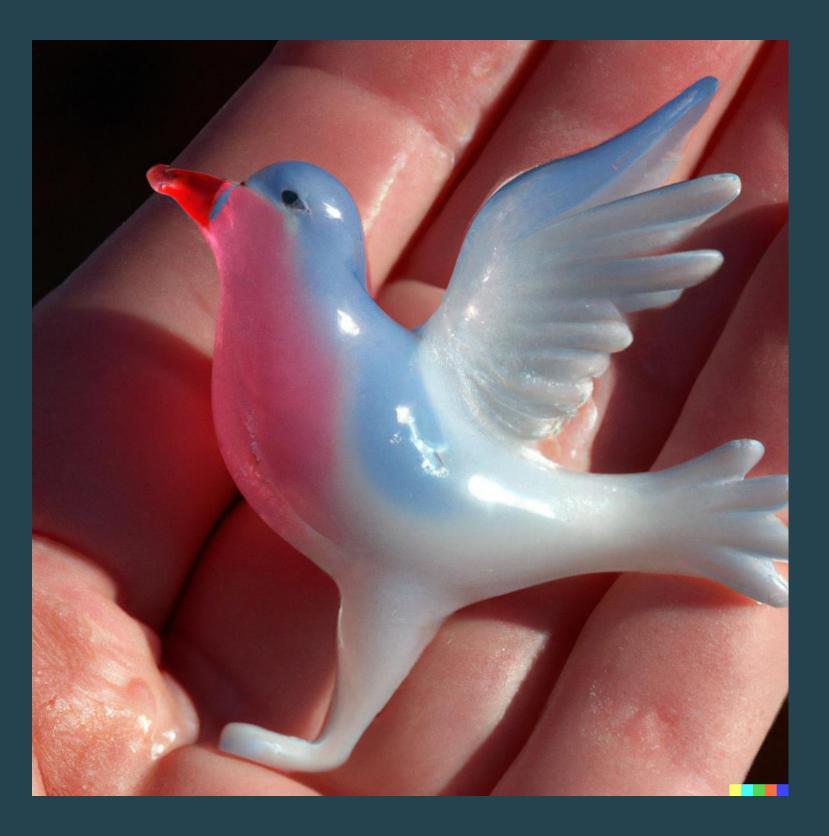
Prompt engineering is enabled by in-context learning, which is a model's ability to temporarily learn from prompts. Being a good prompt engineer involves combining the disciplines of AI, programming, language, problem-solving, and even art to thrive on this career path.

What is Prompt Engineering?



A complex prompt – Dall-E 2 a bird in the hand::3 1980s::3 glowing::3 panorama::3 ultra wide angle lens::3 edgar degas::3 ceramic::3 --aspect 16:9





To add life to your image, you need to add various components to your prompts.

Action of the subject: This tells the AI what action is being taken. For example, a cat riding a bicycle. Action execution technique: This tells the AI how the subject is performing the actions. For example, a cat riding a bicycle boldly.

The mood of the image: The mood can be described using adjectives to convey the atmosphere or emotion of the scene. For example, a happy cat riding a bicycle with confidence.

Background description: This provides context and setting for the image and can include details such as location, time of day, weather or any relevant elements. For example, a cat riding a red bicycle with confidence in the rain along a peaceful road



NightCafe
My Creations My Models My Collections Explore Challenges CREATE Q 🖾 📢 👑

Choose a creation method



Stable Stable Diffusion

A next-generation text-to-image algorithm



DALL-E 2 OpenAl DALL-E 2

From OpenAl, an advanced text-to-image algorithm



Coherent CLIP-Guided Diffusion

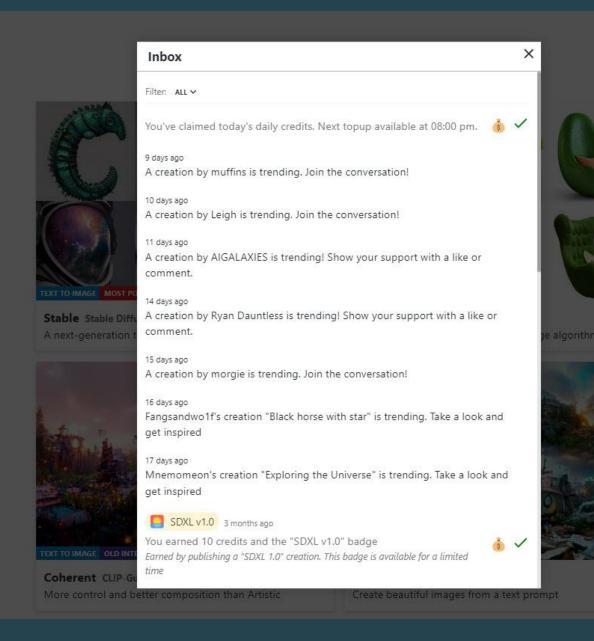
More control and better composition than Artistic

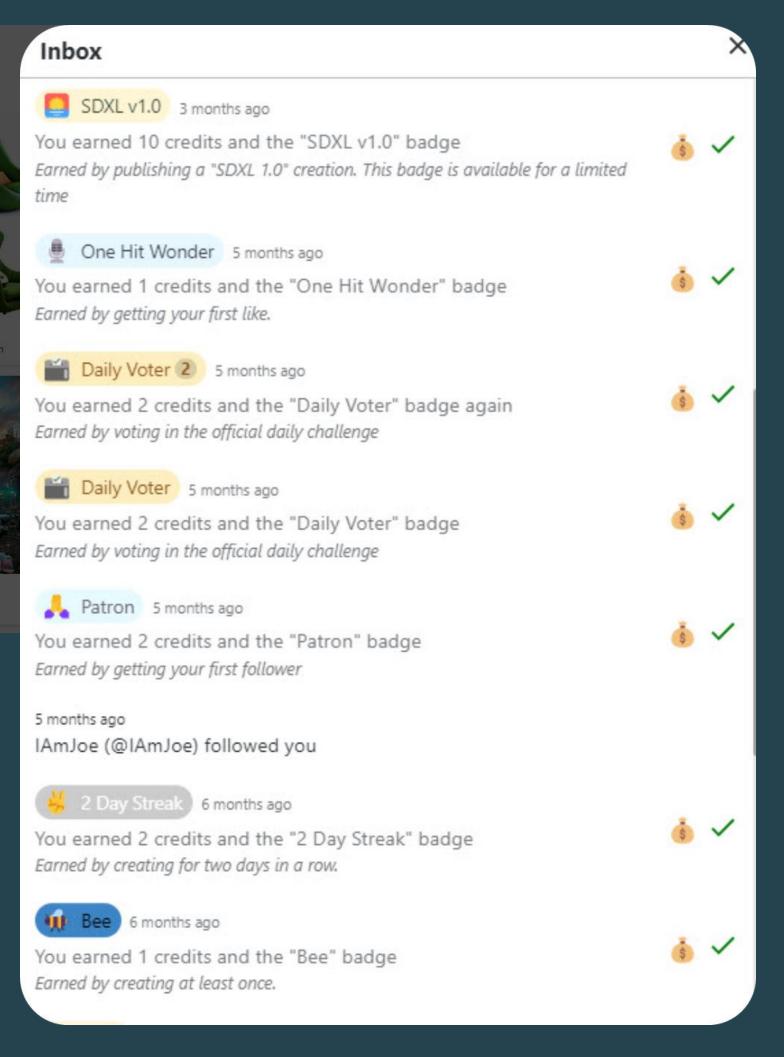


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Artistic VQGAN+CLIP

Create beautiful images from a text prompt





Inbox

Filter: ALL V MARK ALL AS READ

▲ 1 message requires action →

Claim your free daily credits

CLAIM 5 CREDITS

10 days ago

A creation by muffins is trending. Join the conversation!

11 days ago

A creation by Leigh is trending. Join the conversation!

12 days ago

A creation by AIGALAXIES is trending! Show your support with a like or comment.

15 days ago

A creation by Ryan Dauntless is trending! Show your support with a like or comment.

16 days ago

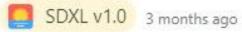
A creation by morgie is trending. Join the conversation!

17 days ago

Fangsandwo1f's creation "Black horse with star" is trending. Take a look and get inspired

18 days ago

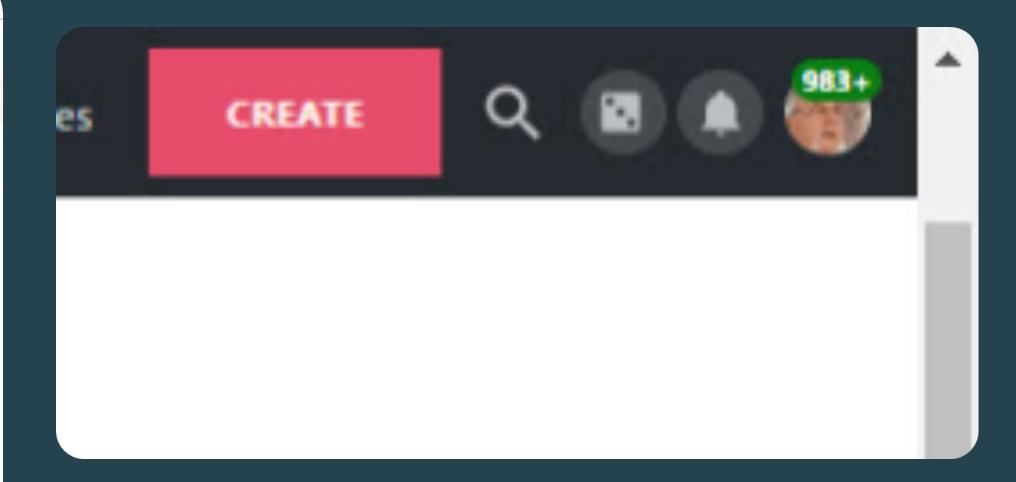
Mnemomeon's creation "Exploring the Universe" is trending. Take a look and get inspired

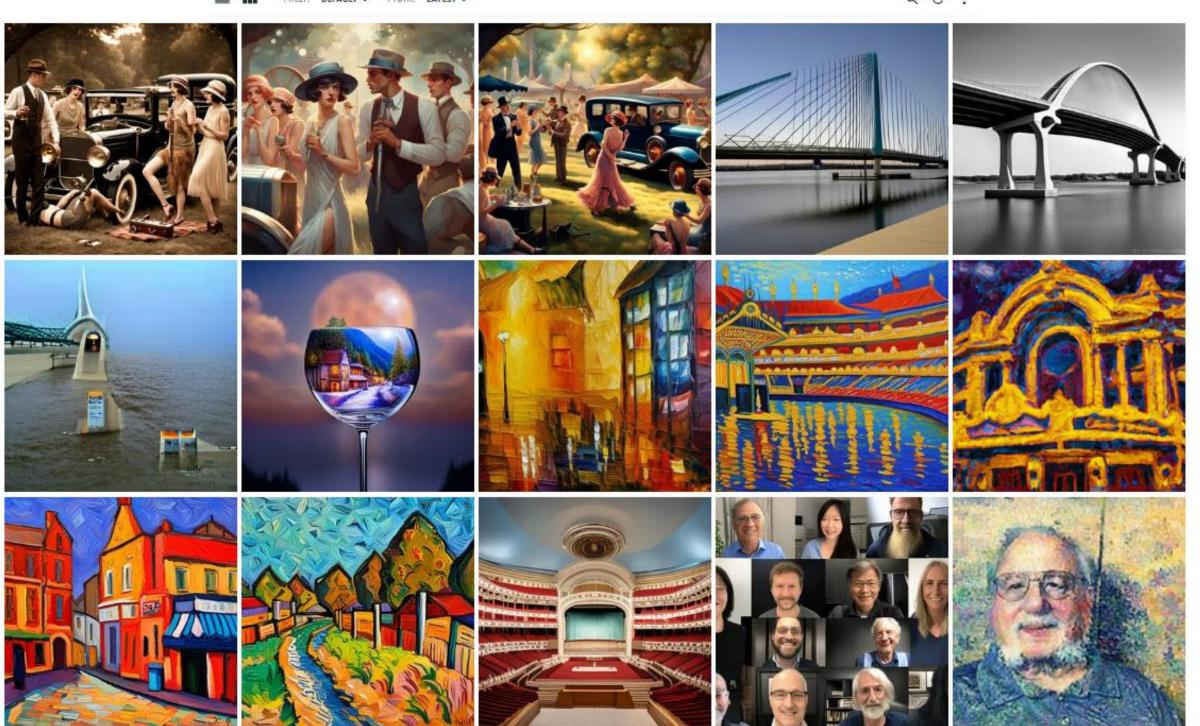


You earned 10 credits and the "SDXL v1.0" badge









Master ChatGPT Prompt Guide



TEMPERATURE IN PROMPTING CHATGPT			
PARAMETER	DESCRIPTION	EFFECT	EXAMPLE
High Temperature (e.g. 0.8 to 1.0)	The Al's responses are more diverse and creative	The AI may produce unexpected or more random responses	If asked to continue the story about a princess, the AI might introduce aliens or time travel
Medium Temperature (e.g. 0.5 to 0.7)	The Al's responses are balanced between randomness and focus	The AI might show moderate creativity, with responses that fit the context but include some surprising elements	If asked to continue the story about a princess, the AI might introduce a talking animal companion
Low Temperature (e.g 0.1 to 0.4)	The Al's responses are more deterministic and focused	The AI will stick closely to the most expected response, with little creativity	If asked to continue the story about a princess, the AI might stick with traditional fairy tale elements like a prince or a witch

TONE	percolories	EVALUE E PROMOT
TONE	DESCRIPTION	EXAMPLE PROMPT
Friendly	Conversational and warm	As a friendly AI, tell me a story about a dog.
Formal	Professional, polite, and without slang	As a formal AI, write a business proposal.
Casual	Informal, using colloquial language	As a casual AI, tell me how to make a sandwich.
Professional	Focused, clear, and businesslike	As a professional AI, explain the blockchain technology.
Humorous	Funny and entertaining	As a humorous AI, tell me a joke.
Sincere	Honest and heartfelt	As a sincere AI, tell me what you think about art.
Excited	Energetic and enthusiastic	As an excited AI, describe a roller coaster ride.
Encouraging	Positive and supportive	As an encouraging AI, motivate me to exercise.
Respectful	Polite and showing deference	As a respectful AI, explain cultural customs in Japan.
Enthusiastic	Eager and spirited	As an enthusiastic AI, describe the future of space travel.
Serious	Solemn and not joking	As a serious AI, discuss the implications of climate change.
Sarcastic	Ironic and satirical	As a sarcastically toned AI, tell me about the joys of rush hour traffic.
Sympathetic	Compassionate and understanding	As a sympathetic AI, respond to a sad personal story.

CHATGPT ULTIMATE PROMPTING GUIDE

Tone: Specify the desired tone (e.g. formal, casual, informative, persuasive).

Formal: Define the format or structure (e.g. essay, bullet points, outline, dialogue).

Act as: Indicate a role or perspective to adopt (e.g. expert, critic, enthusiast).

Objective: State the goal or purpose of the response (e.g. inform, persuade, entertain).

Context: Provide background information, data, or context for accurate content generation.

Scope: Define the scope or range of the topic.

Keywords: List important keywords or phrases to be included.
Limitations: Specify constraints, such as word or character count.

Examples: Provide examples of desired style, structure, or content.

Deadline: Mention deadlines or time frames for time-sensitive

Audience: Specify the target audience for tailored content.

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Counterarguments: Request addressing potential counterarguments.

Terminology: Specify industry-specific or technical terms to use or avoid.

Analogies: Ask the AI to use analogies or examples to clarify concepts.

Quotes: Request inclusion of relevant quotes or statements from experts.

Statistics: Encourage the use of statistics or data to support claims.

Visual elements: Inquire about including charts, graphs, or images.

Call to action: Request a clear call to action or next steps.

Sensitivity: Mention sensitive topics or issues to be handled with care or avoided.

Master ChatGPT Prompt Guide

Made by Al Fire.

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Text Prompt

I want you to act as an essay writer. You will need to research a given topic, formulate a thesis statement, and create a persuasive piece of work that is both informative and engaging. My first suggestion request is "I need help writing a persuasive essay about the importance of reducing technology waste in our environment".

Title: E-Waste Crisis: The Imperative for Reducing Technology Waste in Our Environment

Introduction

In our rapidly evolving world, technology has become an indispensable part of our lives. We are surrounded by a plethora of electronic gadgets and devices, from smartphones and laptops to televisions and kitchen appliances. While technology enhances our lives in numerous ways, its proliferation has also given rise to an alarming issue: electronic waste, or e-waste. This essay explores the pressing need to reduce technology waste in our environment, emphasizing the environmental, social, and economic consequences that call for immediate action.

Thesis Statement

The importance of reducing technology waste in our environment cannot be overstated; it is an urgent imperative driven by the need to mitigate environmental degradation, protect human health, and harness economic opportunities for a sustainable future.

Comments and

- B. Resource Recovery Recycling e-waste not only conserves resources but also provides a sustainable source of raw materials for future electronic production.
- IV. The Role of Regulation and Awareness
- A. Extended Producer Responsibility (EPR) Governments can enforce EPR policies, requiring manufacturers to take responsibility for the entire life cycle of their products. This would encourage the design of more sustainable electronics.
- B. Consumer Awareness Educating consumers about the importance of proper e-waste disposal and the benefits of recycling can lead to increased participation in recycling programs.

Conclusion

The importance of reducing technology waste in our environment is undeniable. The consequences of neglecting this issue are far-reaching, affecting the environment, public health, and economic prospects. We must act collectively to address the e-waste crisis, adopting responsible consumption and disposal habits, advocating for policy changes, and raising awareness. By doing so, we can protect our planet, improve human well-being, and secure a sustainable future for generations to come. Reducing technology waste is not just a choice; it is an imperative.

A dog in a canoe



A dog in a canoe abstract vector fractal, wave function, Zentangle, 3d shading

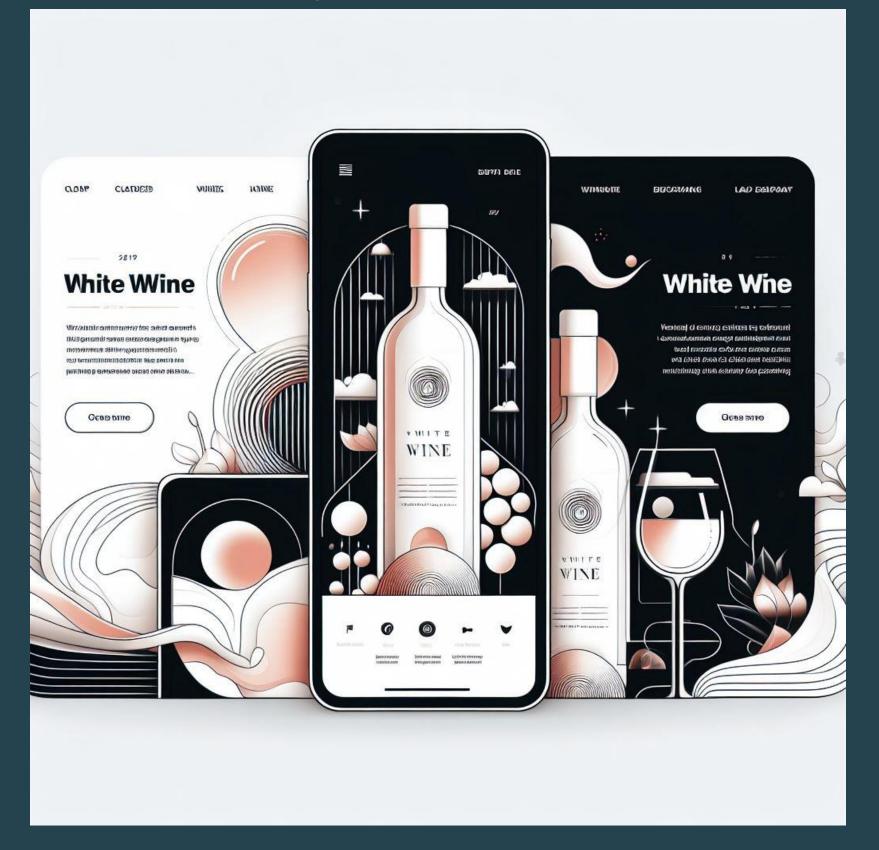


A dog in a canoe 8k resolution holographic astral cosmic illustration mixed media by Pablo Amaringo



UI design of a White Wine Company, Landing page, Modern, Classy, High end, High Resolution

Image Creator Dall-E 3



NightCafe

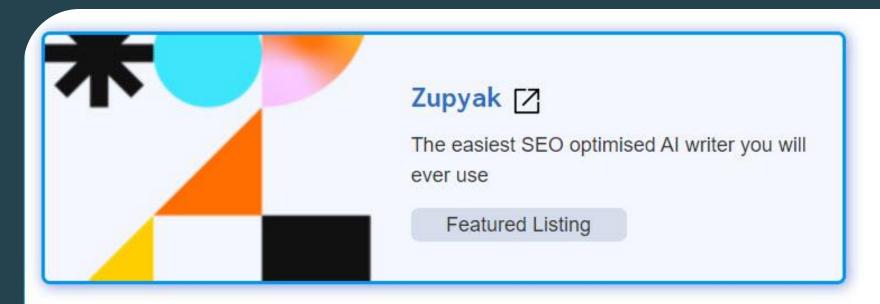


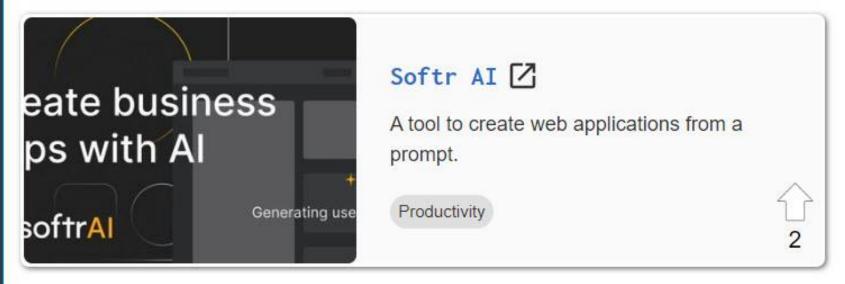
Al Tools List

"Future Tools Collects & Organizes All The Best Al Tools So YOU Too Can Become Superhuman!"

Search - Try things like "YouTu	ıbe" or "SEO" to find sp	ecific tools for your ne	eds			
☐ Al Detection ☐ For Fun ☐ Image Scanning ☐ Productivity	☐ Aggregators☐ Gaming☐ Inspiration☐ Prompt Guides	☐ Avatar☐ Generative Art☐ Marketing☐ Research	☐ Chat ☐ Generative Code ☐ Motion Capture ☐ Self-Improvement	☐ Copywriting☐ Generative Video☐ Music☐ Social Media	☐ Finance ☐ Image Improvement ☐ Podcasting ☐ Speech-To-Text	
☐ Text-To-Speech	☐ Text-To-Video	☐ Translation	☐ Video Editing	☐ Voice Modulation		0
□ Fi	ree	um GitHub	Google Colab	Open Source Paid		
		□ Matt's Picks	□ Special Offer			
	P Produ	uct Hunt 458	Join The F Newslette			
Showing 2343 of 2343 Tot	HOWERS HER HOST CONTRACTOR				Sort (Default - Newest)	~

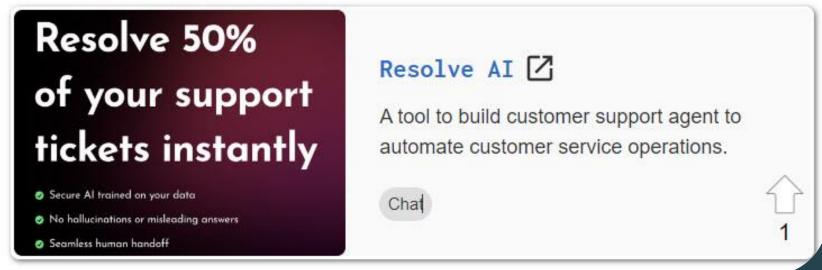
Al can improve seniors' lives through personalized healthcare, safety monitoring, and companionship. However, concerns about privacy and job displacement should be addressed.





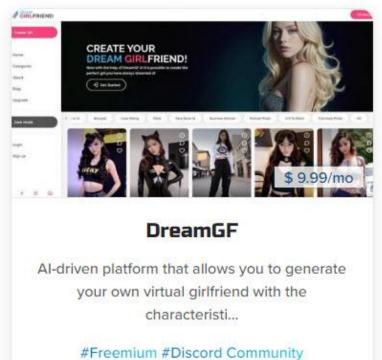




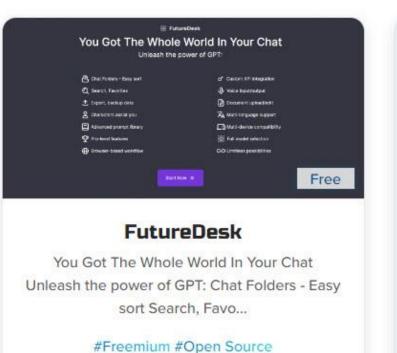


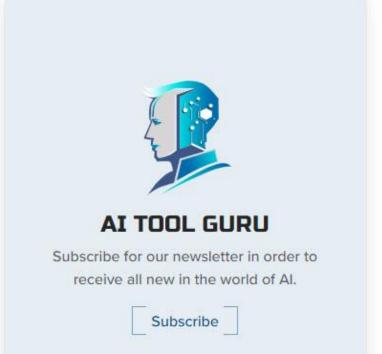
THE LARGEST AI TOOLS DIRECTORY

Al Tools Guru - news & education in one place for Artificial Intelligence Tools. Updated Daily! Recently added AI tools RESULTS FOUND: 4625 Search for Al Tools and Categories SORT BY ∮∮ Filters Dating Religion Al Meme Email Assistant General Writing New Copywriting 8



🎉 AI TOOL GURU







https://aitoolguru.com/

Airtable @ Grid view ♦ Use this data ☐ Group 1↑ Sort ≣I W Hide fields ∨ URL Title ∨ Date ∨ Newsletter Post Title ✓ Newsletter Post URL ∨ Summary √ Tags Newsletter Post Titles https://bensbites.beehiiv.com/p/da MagicPost | LinkedIn Post ... https://magicpost.in/ MagicPost is a tool that us... October 30, 2023 Daily Digest: Safe and Open Daily Digest: Safe and Open 11790 https://bensbites.beehiiv.com/p/op OpenAI kills Chat with PDF apps. Or di https://twitter.com/ldjconfi... This link is a Twitter post b... October 30, 2023 OpenAl kills Chat with PDF ... 11791 Twitter Post Daily Digest: Safe and Open https://bensbites.beehiiv.com/p/da 11792 Twitter Post https://twitter.com/thealex... This link is a Twitter post b... October 30, 2023 Daily Digest: Safe and Open Careers at Fixie https://careers.fixie.ai/ Fixie is a company based in... October 30, 2023 Daily Digest: Safe and Open Daily Digest: Safe and Open https://bensbites.beehiiv.com/p/da 11793 11794 ContextSDK Careers - We a.. https://contextsdk.com/car... ContextSDK is a company t... October 30, 2023 Daily Digest: Safe and Open Daily Digest: Safe and Open https://bensbites.beehiiv.com/p/da https://bensbites.beehiiv.com/p/da Daily Digest: Safe and Open Explore career opportunitie... October 30, 2023 Daily Digest: Safe and Open 11795 Elicit Careers https://elicit.com/careers Daily Digest: Safe and Open 11796 Unknown https://news.bensbites.co/t... No information available October 30, 2023 Daily Digest: Safe and Open https://bensbites.beehiiv.com/p. MimicGen - Al Generated T.. https://mimicgen.github.io/ October 30, 2023 Daily Digest: Safe and Open Daily Digest: Safe and Open https://bensbites.beehiiv.com/p/da 11797 MimicGen is a website that... https://bensbites.beehiiv.com/p/da This link is a Twitter post b... October 30, 2023 Daily Digest: Safe and Open Daily Digest: Safe and Open 11798 Twitter Post https://twitter.com/ldjconfi...

October 30, 2023

October 30, 2023

October 20, 2022

https://twitter.com/perplex...

https://news.bensbites.co/

https://tocherupch.com/20

This is a Twitter post from t...

Unable to summarize the li...

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Daily Digest: Safe and Open

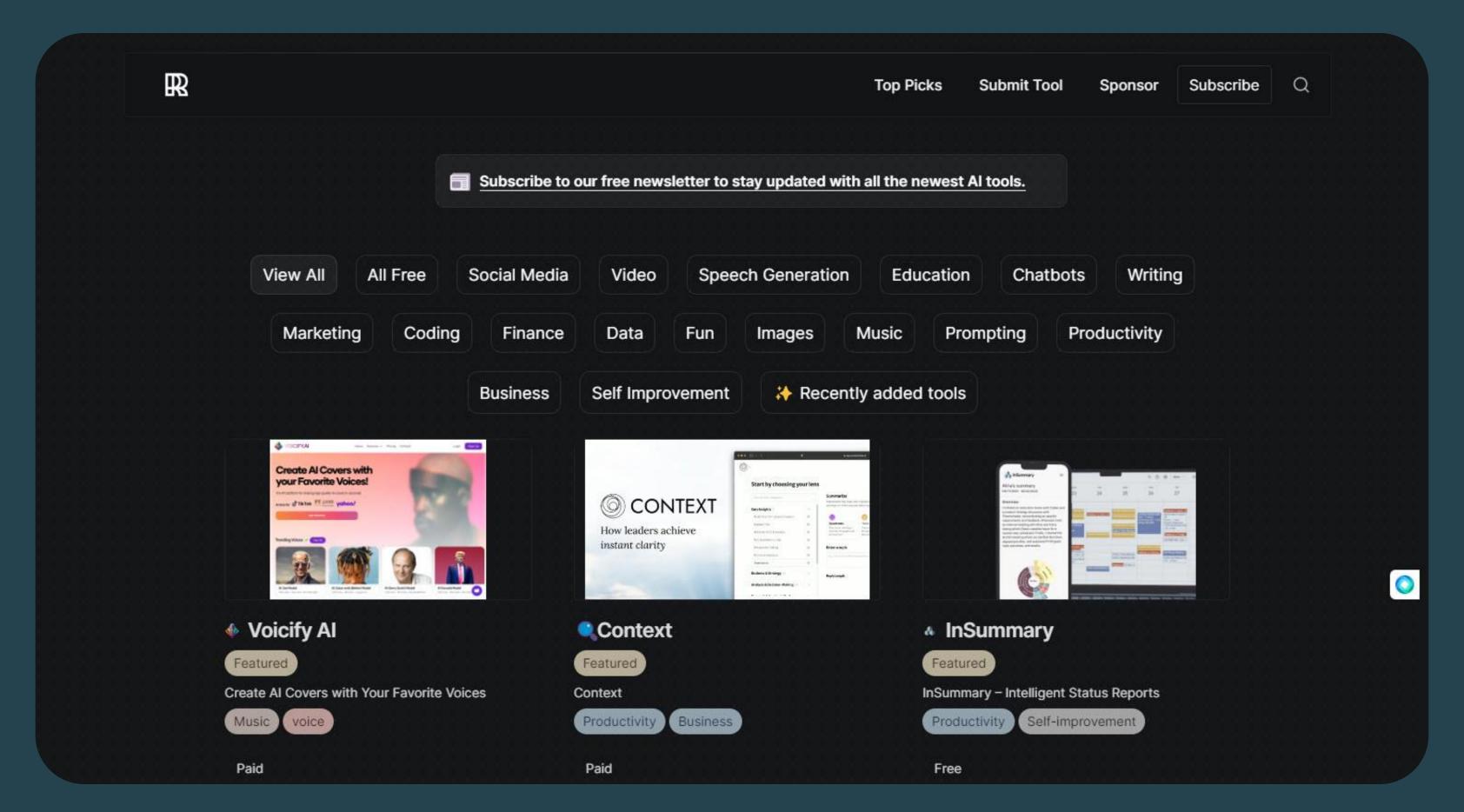
Daily Digest: Safe and Open

Daily Digast: Cafe and Onen

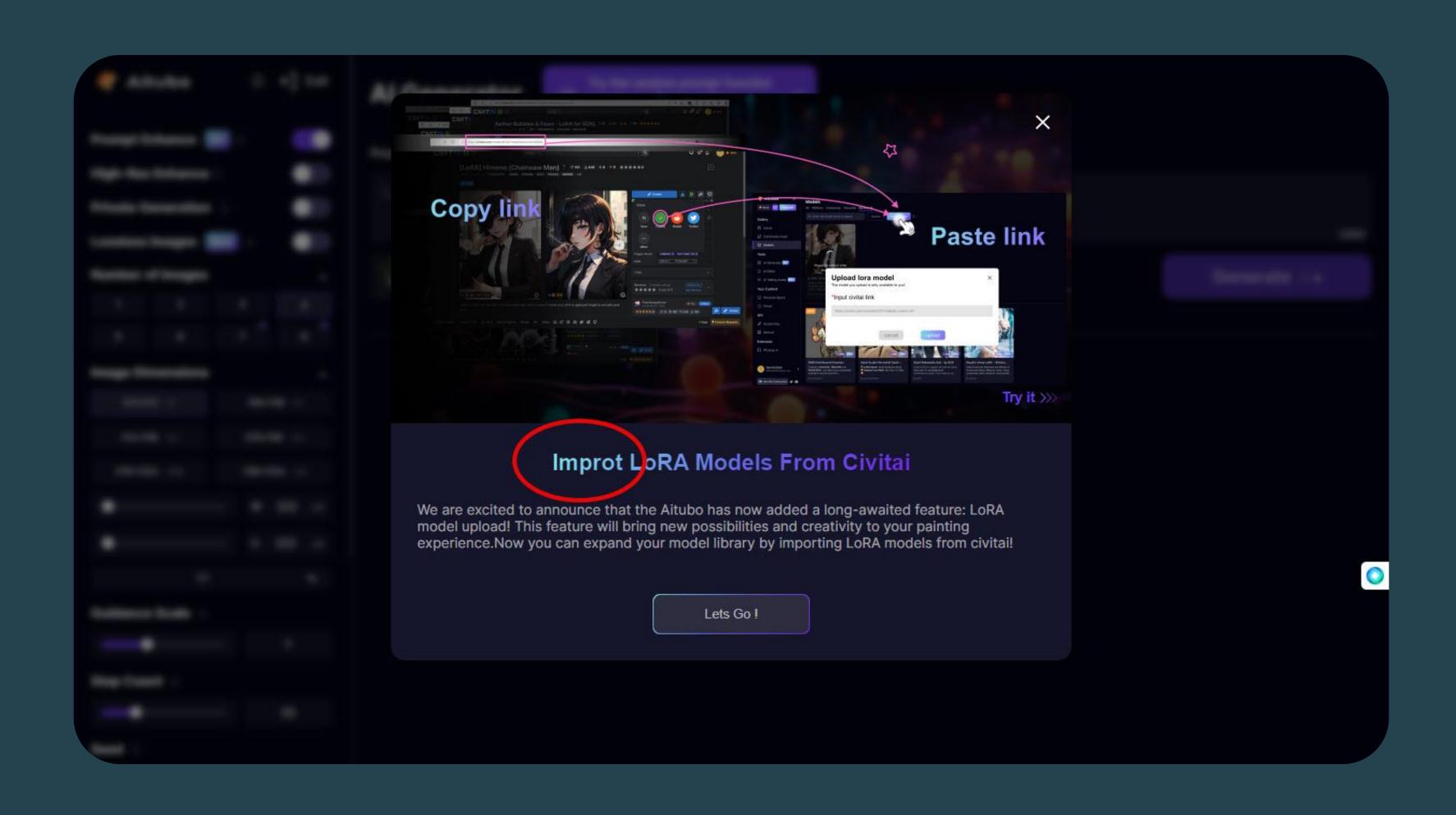
Daily Digest: Safe and Open

Daily Digest: Safe and Open

Daily Diggets Cafe and Open

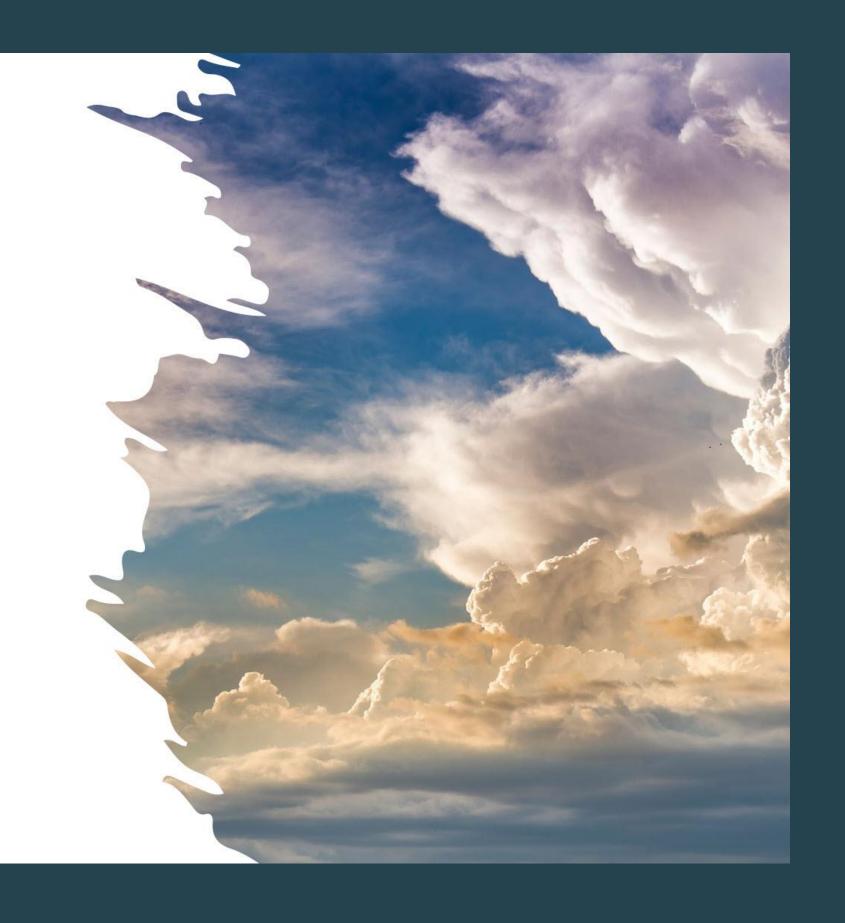


https://supertools.therundown.ai/

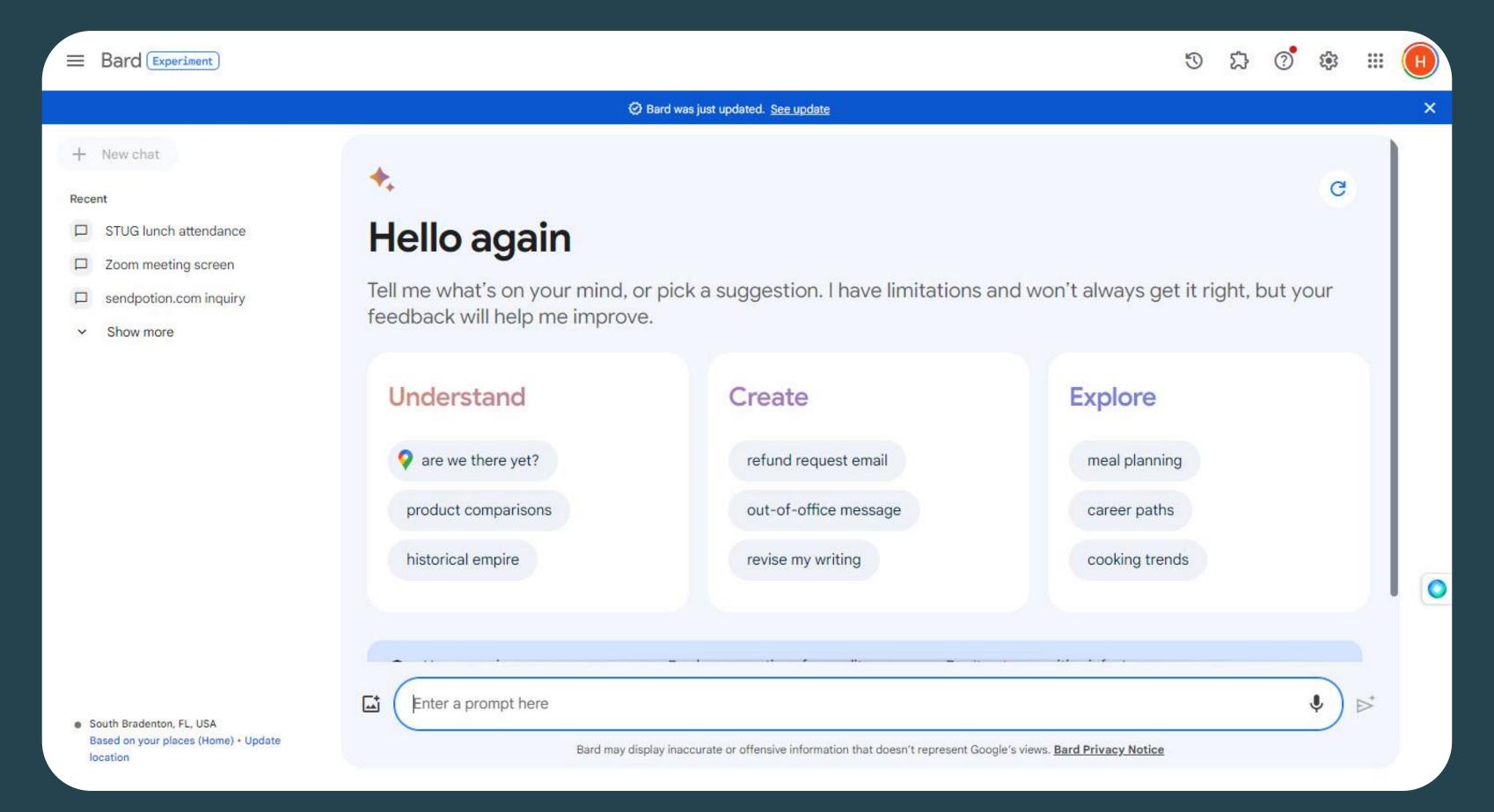


Stay Informed on AI Trends with These Newsletters in 2023

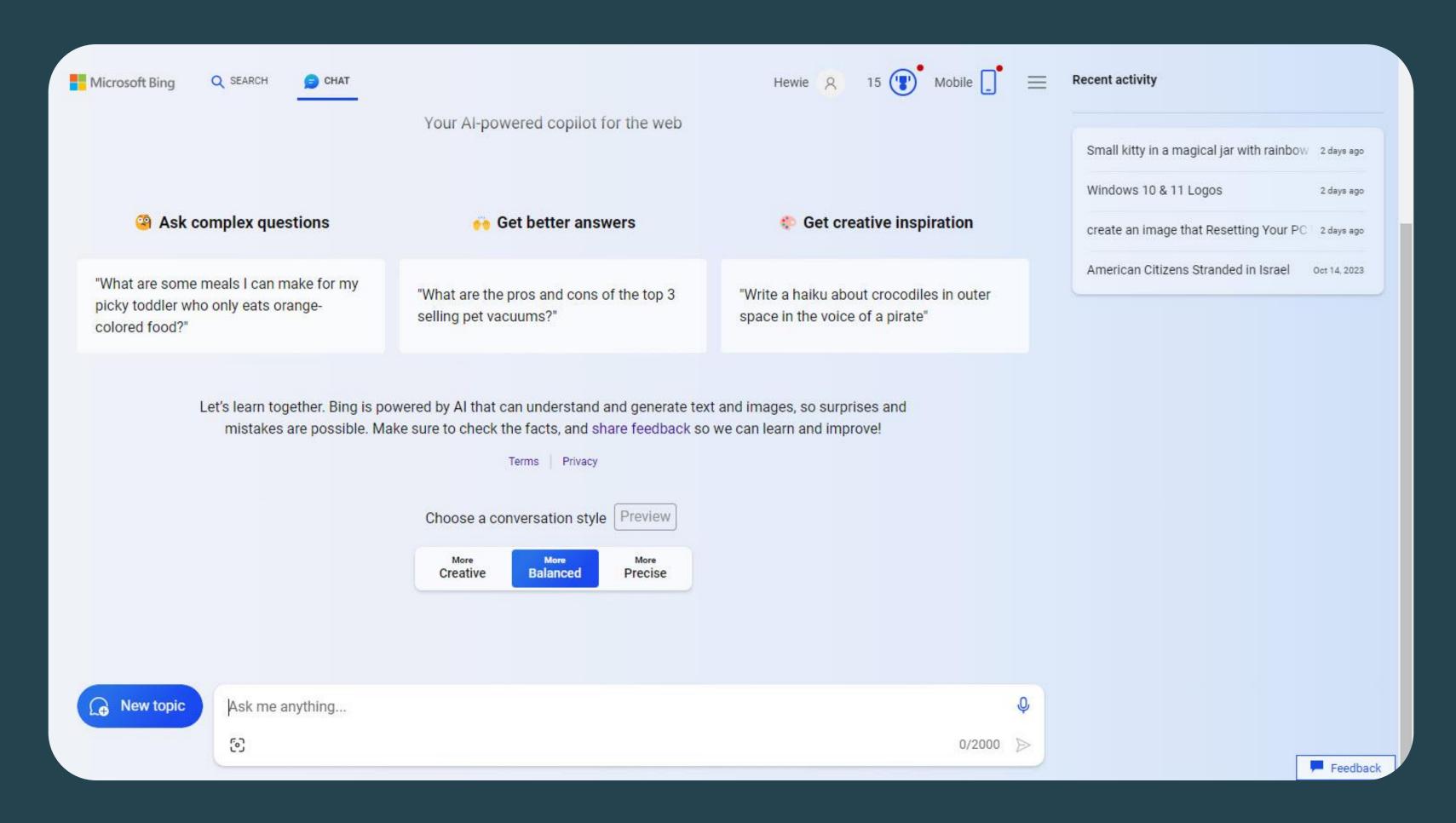
BY HEWIE POPLOCK



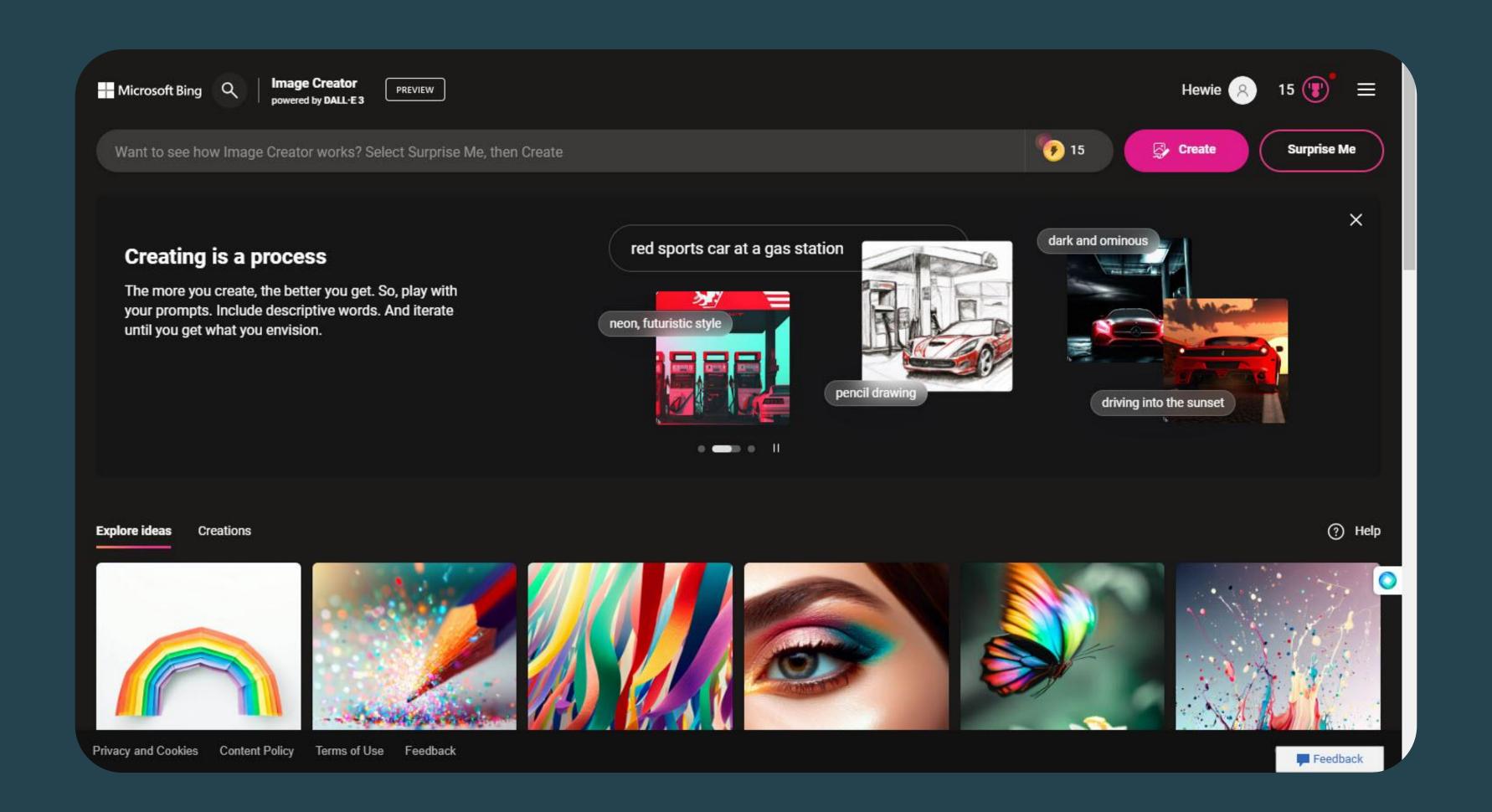
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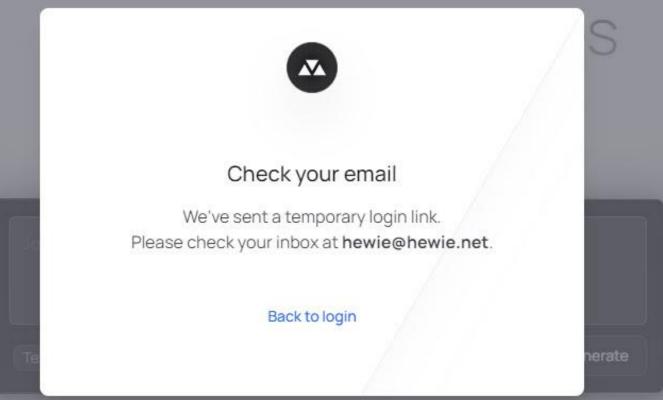
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https://www.bing.com

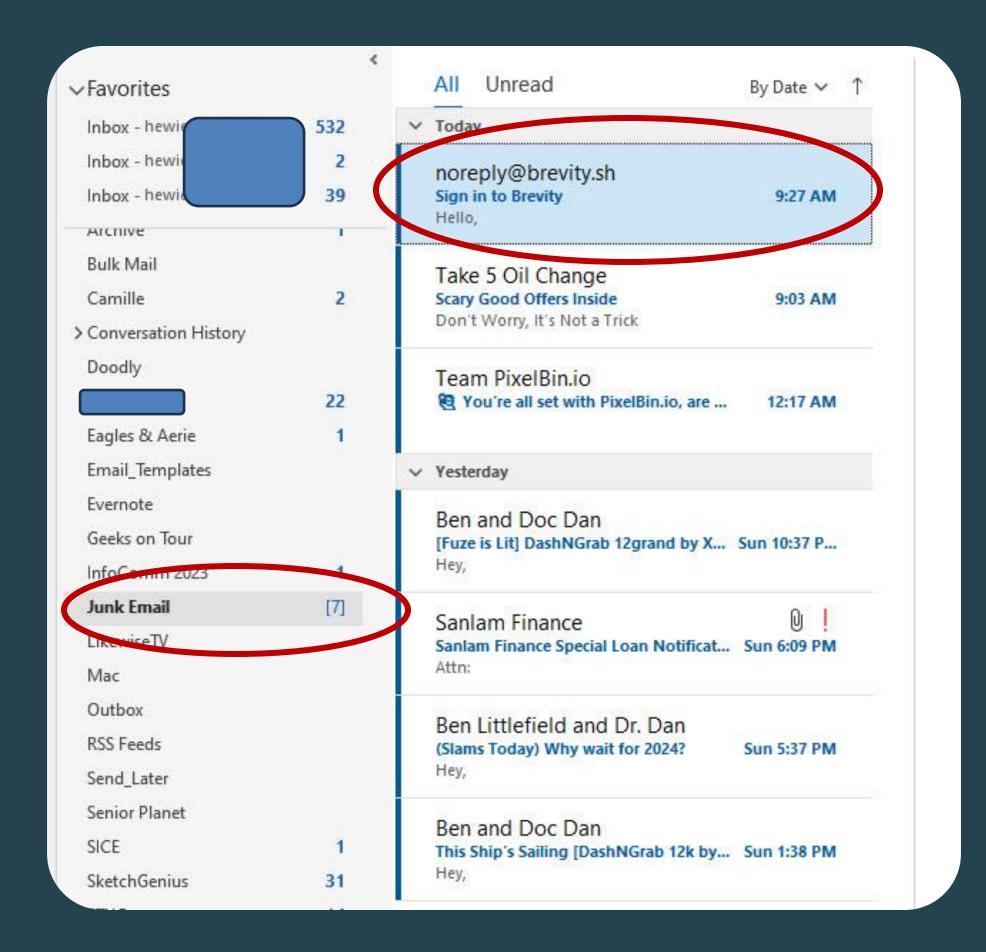


Transform long form content



Need help? Contact us.

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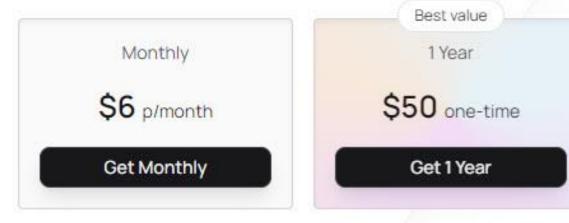


Sign in to Brevity noreply@brevity.sh To 9:26 AM i We converted this message into plain text format. Hello, We received a request to sign in to Brevity using this email address. If you want to sign in with your hand account, click this link: Sign in to Brevity https://brevity-production-688ac.firebaseapp.com/ /auth/action? apiKey=AlzaSyDnAqlqgXeD mode=signIn&oobCode=p9 Y2VTi id8iFIKkYxXX1ovPIVWUr6P! &continueUrl=https://brevity.sh&l ang=en> If you did not request this link, you can safely ignore this email. Thanks, Your Brevity team



Introducing

Brevity Pro



You can choose between a monthly subscription or a one-time, non-recurring payment.

- No limits
 Unlimited access to quick, accurate, and easy-to-read summaries.
- Better results

 Extended summaries are longer and offer more context and details.
- More sources
 Use file upload to summarize documents.



Verification code

Please enter the verification code sent to hewie@hewie.net

Verification code

Didn't receive it? Resend code

Continue

Subscribe to Catbird





- 120 tokens *
- √ Personal use license



- 4,000 tokens/month *
- ✓ Commerical use license



- 15,000 tokens/month *
- ✓ Commerical use license
- Unlimited images

My Plan

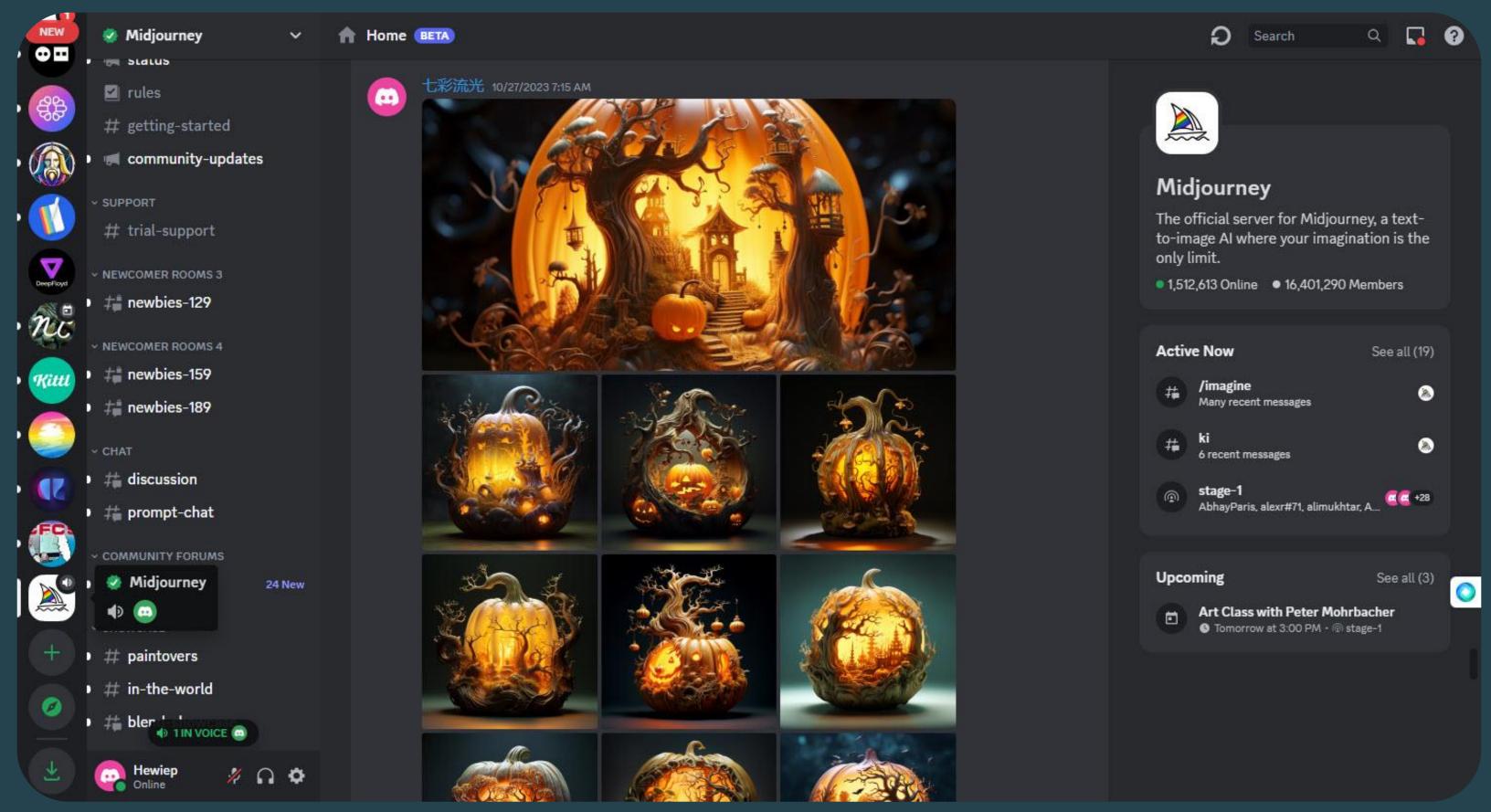
Subscribe \$8 / month

Subscribe \$24 / month

* Text to image jobs typically cost 5-10 tokens each, and upscales can range from 4-80 tokens, depending on size

Monthly billing, cancel anytime, no refunds, prices may change | Powered by Stripe | Terms

Discord



https://discord.com/

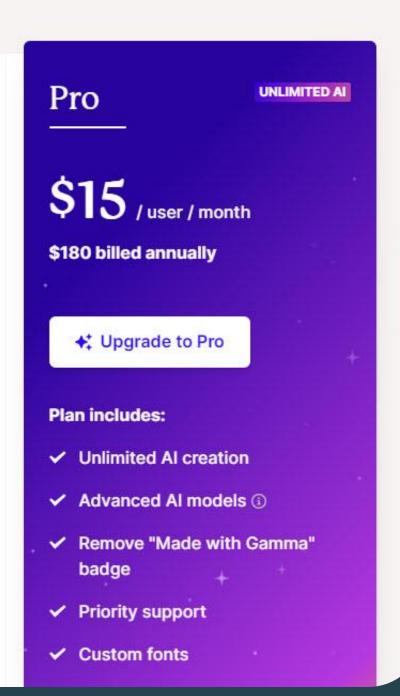
Plans and Pricing

Remove Gamma branding with Plus, or go Pro for unlimited Al

Monthly billing

Yearly billing

Save up to 25%



Free

\$0 / user / month

Free version

Current plan

What you get:

- ✓ 400 Al credits at signup
- ✓ Unlimited users & gammas
- ✓ PDF export (Gamma branded)
- ✓ PPT export (Gamma branded)
- ✓ 7-day change history
- Basic analytics

Plus

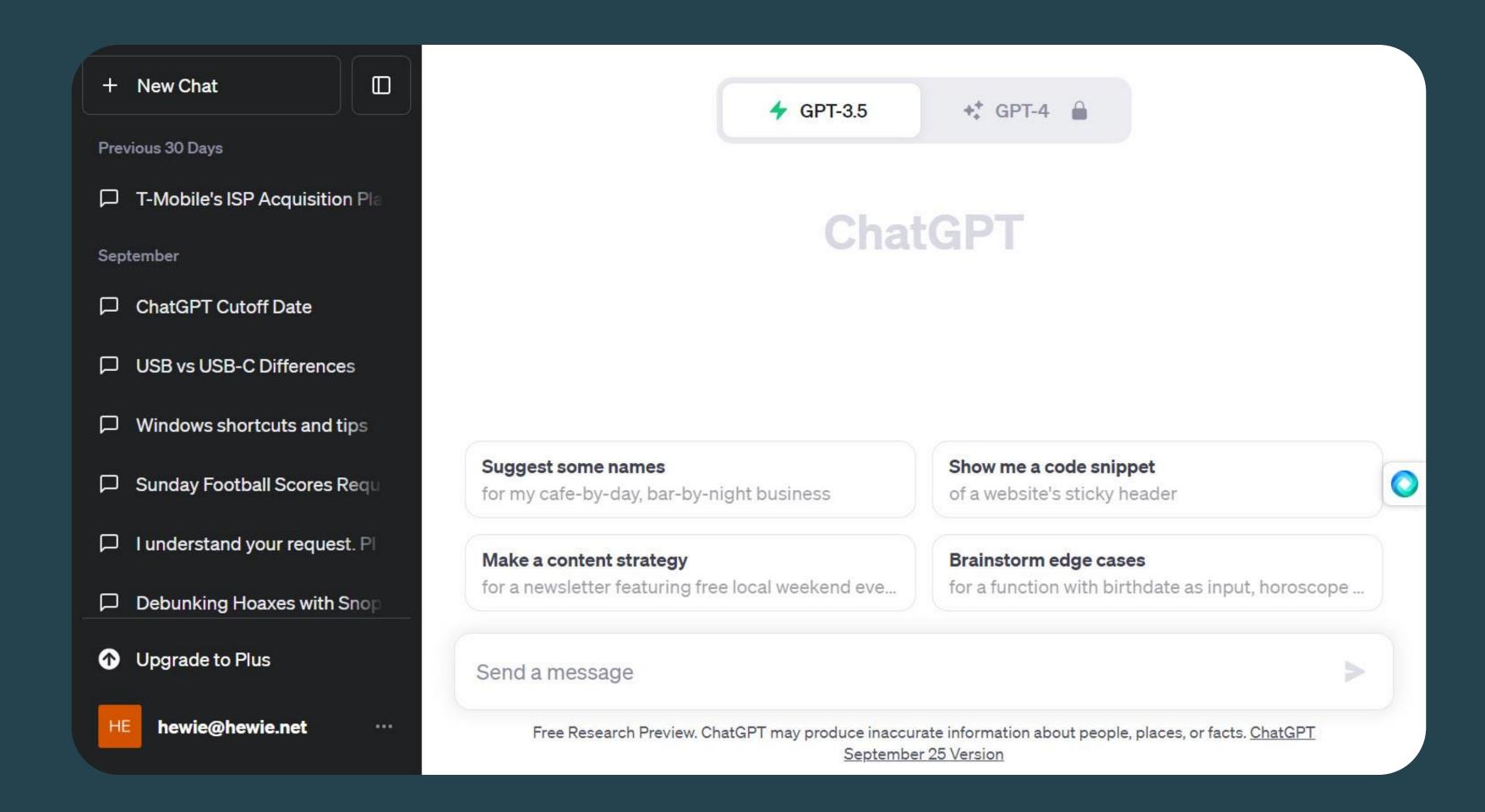
\$8 / user / month

\$96 billed annually

Upgrade to Plus

Plan includes:

- → +400 Al credits every month ③
- Remove "Made with Gamma" badge
- ✓ PDF export
- ✓ PPT export
- 30-day change history



Upgrade your plan



Free

USD \$0/month

Your current plan

For people just getting started with ChatGPT

- Access to our GPT-3.5 model
- Regular model updates

Have an existing plan? See billing help



Plus

USD \$20/month

Upgrade to Plus

Everything in Free, and:

- Access to GPT-4, our most capable model
- Faster response speed
- Access to beta features like browsing, plugins, and advanced data analysis

InstantChapters

Become a Partner Sign Up

Log In

A Cheat Code For Content Creators

Timestamped Chapters For Your YouTube Videos—With Only One Click

InstantChapters are 40x faster, 5x cheaper, and 2x as detailed as human generated timestamps.

Start Your Free Trial







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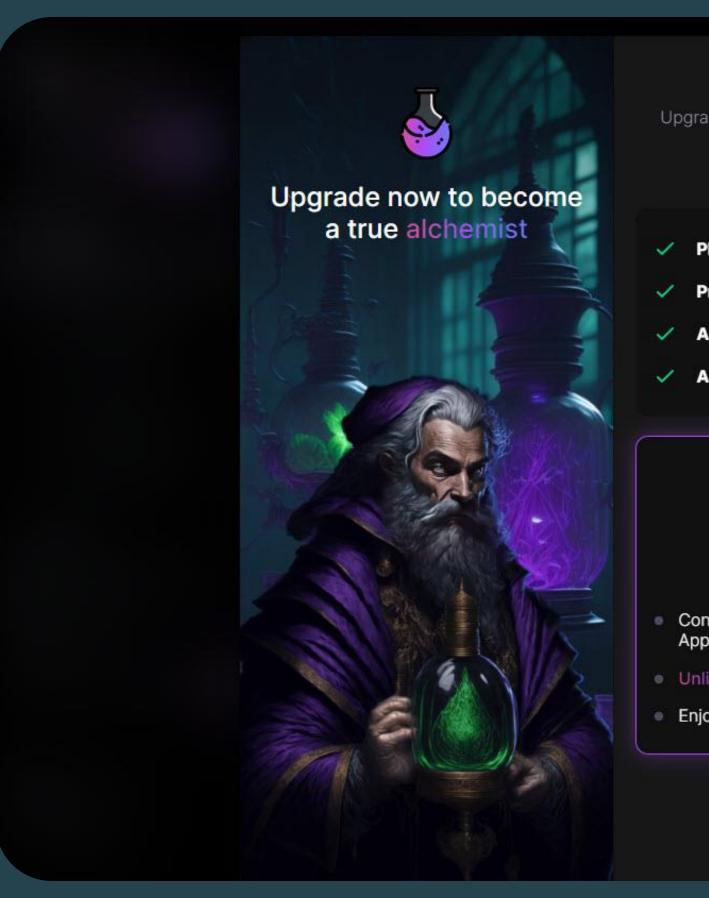
Choose the Perfect Plan for You

CNY

USD

Basic Free Current Equity Free signup: 120 K-coins ③ Buy now: 1,800 K-coins ② 30-minute production output 2-minute production output Start for Free Upgrade Includes 1,800 K-coins Get 120 K-coins free with first Get 300 K-coins free with first registration purchase 100+ member exclusive digital 5 digital characters characters 2 minutes of digital human videos 30 minutes of digital human videos Support 800 characters Support 1,600 characters (about 1 minute long) (about 2 minutes long)

Premium Pro \$86 | Quarter \$240 \$500 /Year Buy now: 9,000 K-coins ② Buy now: 30,000 K-coins ② 150-minute production output 500-minute production output Upgrade Upgrade Includes 9,000 K-coins Includes 30,000 K-coins Get 800 K-coins free with first Get 2,500 K-coins free with first purchase purchase 100+ member exclusive digital 100+ member exclusive digital characters characters 500 minutes of digital human 150 minutes of digital human videos videos Support 5,000 characters Support 2,400 characters (about 3 minutes long) (about 10 minutes long)



Your Leonardo Alchemy trial has expired!

×

Upgrade **now** to keep taking advantage of superior image quality, precision and fidelity!

- ✓ PhotoReal Generate hyper-realistic photos and lifelike portraits
- Prompt Magic V3 Greater adherence and fidelity
- ✓ Alchemy Pipeline High-fidelity generation and coherence
- ✓ Alchemy Presets Powerful presets enabling shorter prompts



Take full advantage of the power of Alchemy

- Continue using Alchemy instantly when you upgrade to any one of the Apprentice, Artisan or Maestro plans
- Unlimited high-quality Alchemy generations and upscales
- Enjoy all of the other Alchemy benefits

Not now

Upgrade now

Free

\$0 / month

Forever

150 fast generations per day

Combined in any of the following ways:

- Up to 150 (768×768) generations per day
- Up to 30 upscales or unzooms per day
- Up to 75 background removals per day
- Daily free tokens when your balance falls below 150
- Up to 1 pending jobs
- X Private generations
- X Priority infrastructure
- X Relaxed generation queue

Apprentice

\$12 \$10 / month

Billed yearly, ex. tax

Subscribe To Apprentice

Switch to monthly billing

8,500 tokens per month

Combined in any of the following ways:

- Up to 8,500 (768×768) generations per month
- Up to 1,700 upscales or unzooms per month
- Up to 4,250 background removals per month
- Daily free tokens when your balance falls below 150
- Up to 5 pending jobs
- Private generations
- Priority infrastructure
- X Relaxed generation queue

Artisan

\$30 \$24 / month

Billed yearly, ex. tax

Subscribe To Artisan

Switch to monthly billing

25,000 tokens per month

Combined in any of the following ways:

- Up to 25,000 (768×768) generations per month
- Up to 5,000 upscales or unzooms per month
- Up to 12,500 background removals per month
- Daily free tokens when your balance falls below 150
- Up to 10 pending jobs
- Private generations
- Priority infrastructure
- Relaxed generation queue

Maestro

\$60 \$48 / month

Billed yearly, ex. tax

Subscribe To Maestro

Switch to monthly billing

60,000 tokens per month

Combined in any of the following ways:

- Up to 60,000 (768×768) generations per month
- Up to 12,000 upscales or unzooms per month
- Up to 30,000 background removals per month
- Daily free tokens when your balance falls below 150
- Up to 20 pending jobs
- Private generations
- Priority infrastructure
- Relaxed generation queue



Features * Pricing

Al Books

Support *

Start Now

Login

FREE PLAN

Free

32 Al document templates

5,000 words per month

10 images per month

300 chars for text-to-speech per month

1 speech-to-text per month 2

10 MB audio file size limit

✓ Al chat ②

1 Al Chat Bots

X Al code 2

X Hide Ads

X Free Setup

X Premium Support

Current Plan

Most Popular

SILVER PLAN

\$7.99

Monthly

61 Al document templates

100,000 words per month

100 images per month

1,000 chars for text-to-speech per month

10 speech-to-text per month 2

20 MB audio file size limit

✓ Al chat ②

11 Al Chat Bots

✓ Al code ②

✓ Hide Ads

✓ Free Setup

✓ Premium Support

Upgrade

GOLD PLAN

\$15.99

Monthly

61 Al document templates

250,000 words per month

250 images per month

2,500 chars for text-to-speech per month

25 speech-to-text per month 2

50 MB audio file size limit

✓ Al chat ②

11 Al Chat Bots

✓ Al code ②

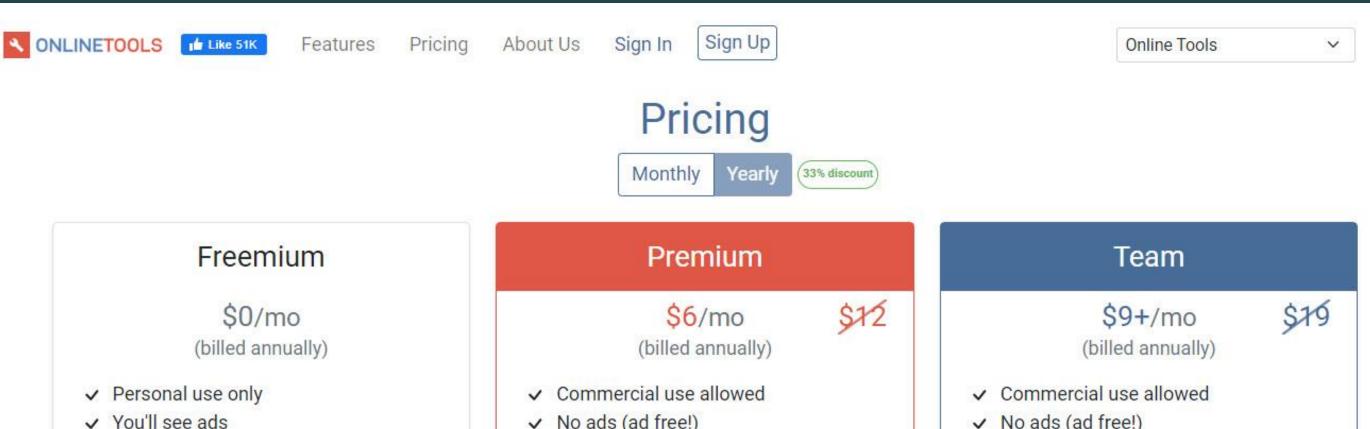
✓ Hide Ads

✓ Free Setup

✓ Premium Support

Upgrade





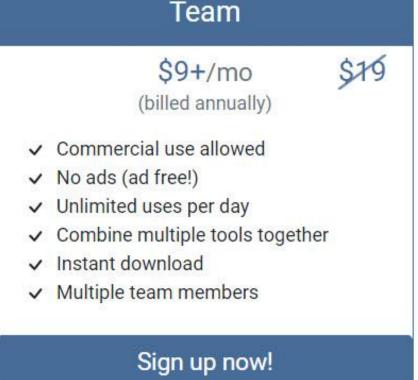
Try for free!

✓ 5 uses per day

✓ Use one tool at a time

✓ Wait before download

\$6/mo (billed annually) Commercial use allowed No ads (ad free!) Unlimited uses per day Combine multiple tools together Instant download Single user license



0

All plans can be cancelled at any time, no questions asked. Backed by 30-day money-back guarantee.

Questions about pricing and plans? Email us at sales@onlinetools.com or use the contact form.

Our customers



Who Uses Pictory ∨

Features V

Academy V

Login

Pricing

FREE TRIAL

Home / Pictory Pricing - New 23 Oct23

Save more than 15%

MOHILINY

Standard

FOR CONTENT CREATORS STARTING WITH VIDEO

s 19

per month

- 1 User Per Account
- 30 Videos Per Month
- Edit Existing Videos Transcribe / Caption - up to 60 mins long
- 2 Million+ Royalty Free Premium Videos From Storyblocks
- 34 Text-to-Speech Al Voices
- 5.000 Music Tracks
- 2 Branded Customizable Templates

Free Trial 🐐

No Credit Card Required

Premium

FOR PROFESSIONAL CREATORS & SMALL TO MID-SIZED ORGANIZATIONS

POPULAR

s 39

per month

- 1 User Per Account
- 60 Videos Per Month
- Edit Existing Videos Transcribe / Caption - up to 120 mins long
- NEW 51 Hyper-Realistic Al Voices (120mins) From IIElevenlabs
- 60 Text-To-Speech Al Voices
- Over 12 million royalty-free premium videos from Getty Images and Storyblocks
- 10,000 Music Tracks
- 5 Branded Customizable Templates
- Bulk Video Downloads

Free Trial 🐐

No Credit Card Required

Teams

FOR TEAMS OF VIDEO CREATORS WHO SHARE AND COLLABORATE

s 99

per month

0

- 3 User Per Account
- 90 Videos Per Month
- Edit Existing Videos Transcribe / Caption - up to 180 mins long
- NEW 51 Hyper-Realistic Al Voices (240mins) From IIElevenlabs
- 60 Text-To-Speech Al Voices
- Over 12 million royalty-free premium videos from Getty Images and Storyblocks
- 15,000 Music Tracks
- 10 Branded Customizable Templates
- Bulk Video Downloads
- Sharing & Collaboration

Free Trial 🐐

No Credit Card Required



Fast, helpful Al chat

Go	
Use phone	
or	
G Continue with Google	
€ Continue with Apple	

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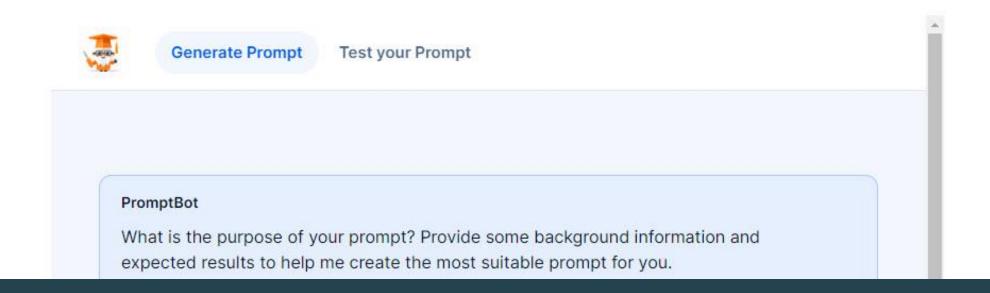


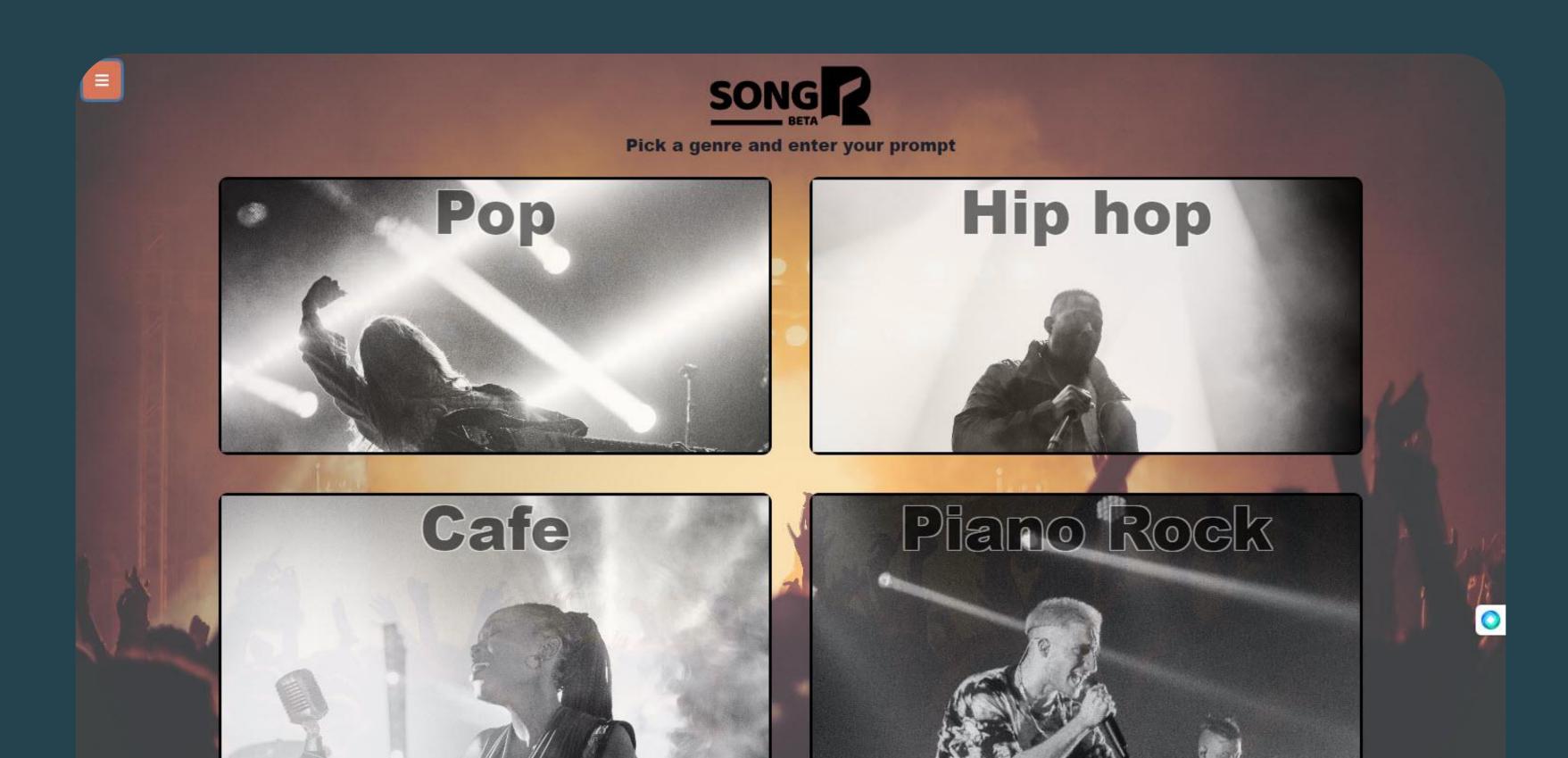


PromptBot

PromptBot is a free Al tool that simplifies the process of creating detailed, powerful prompts for GPT-based bots & APIs.







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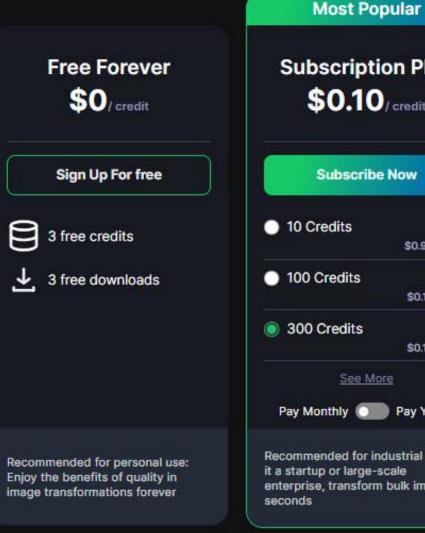
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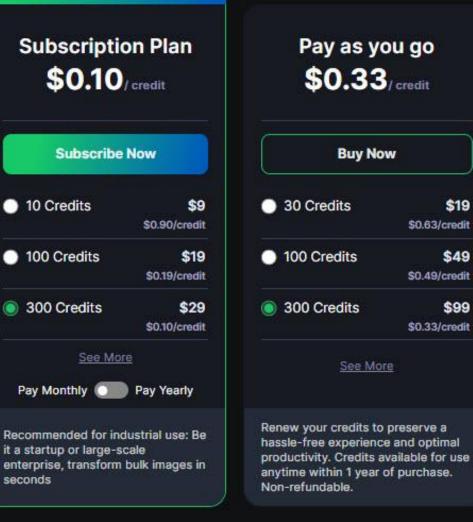
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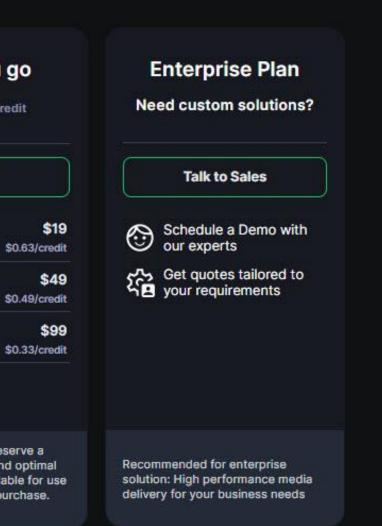
We're currently running a sale! Get up to 30% off on all plans! Check it out! &

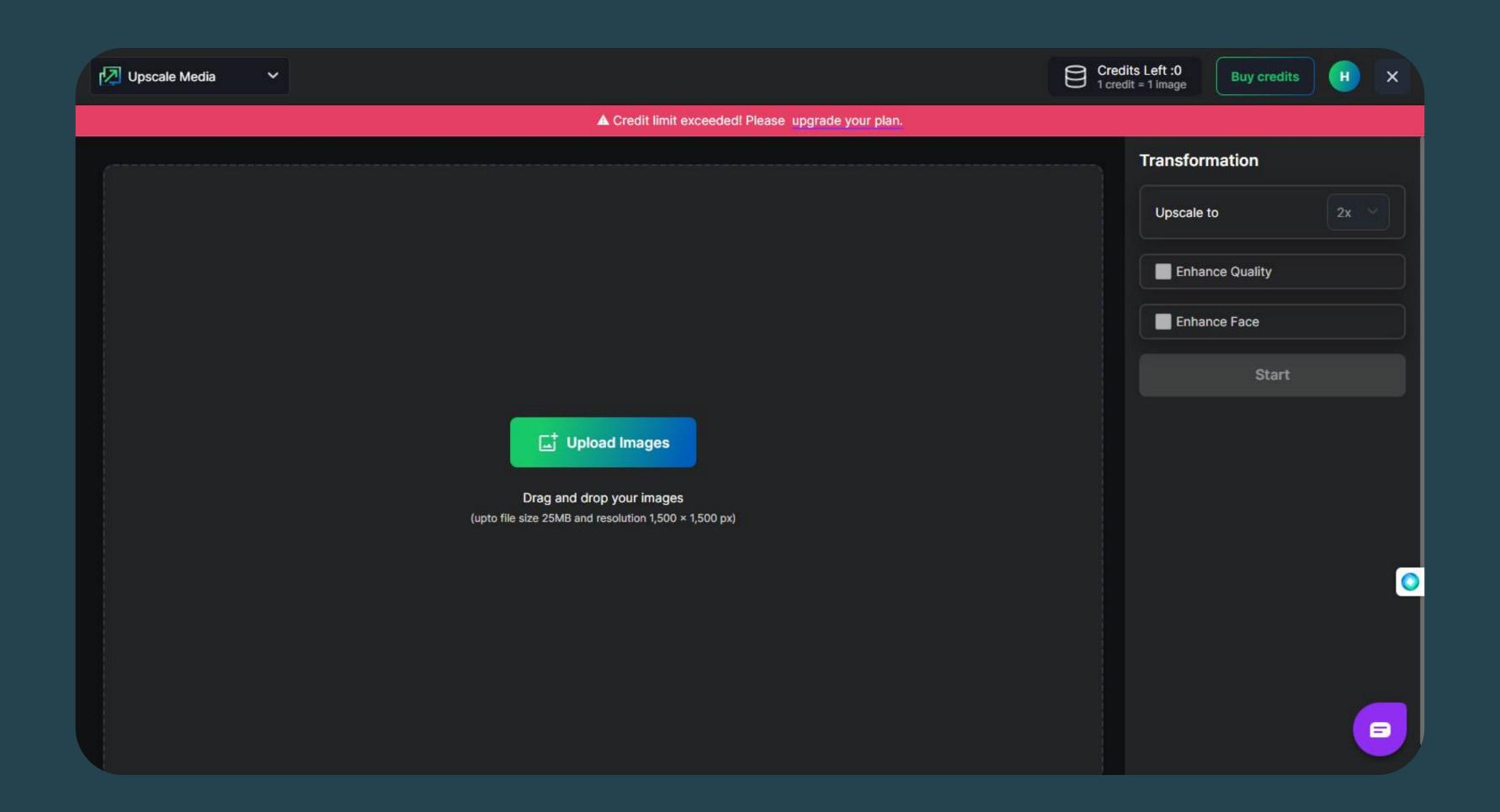
Choose The Right Plan For You

Choose a plan and enjoy an exceptional user experience instantly











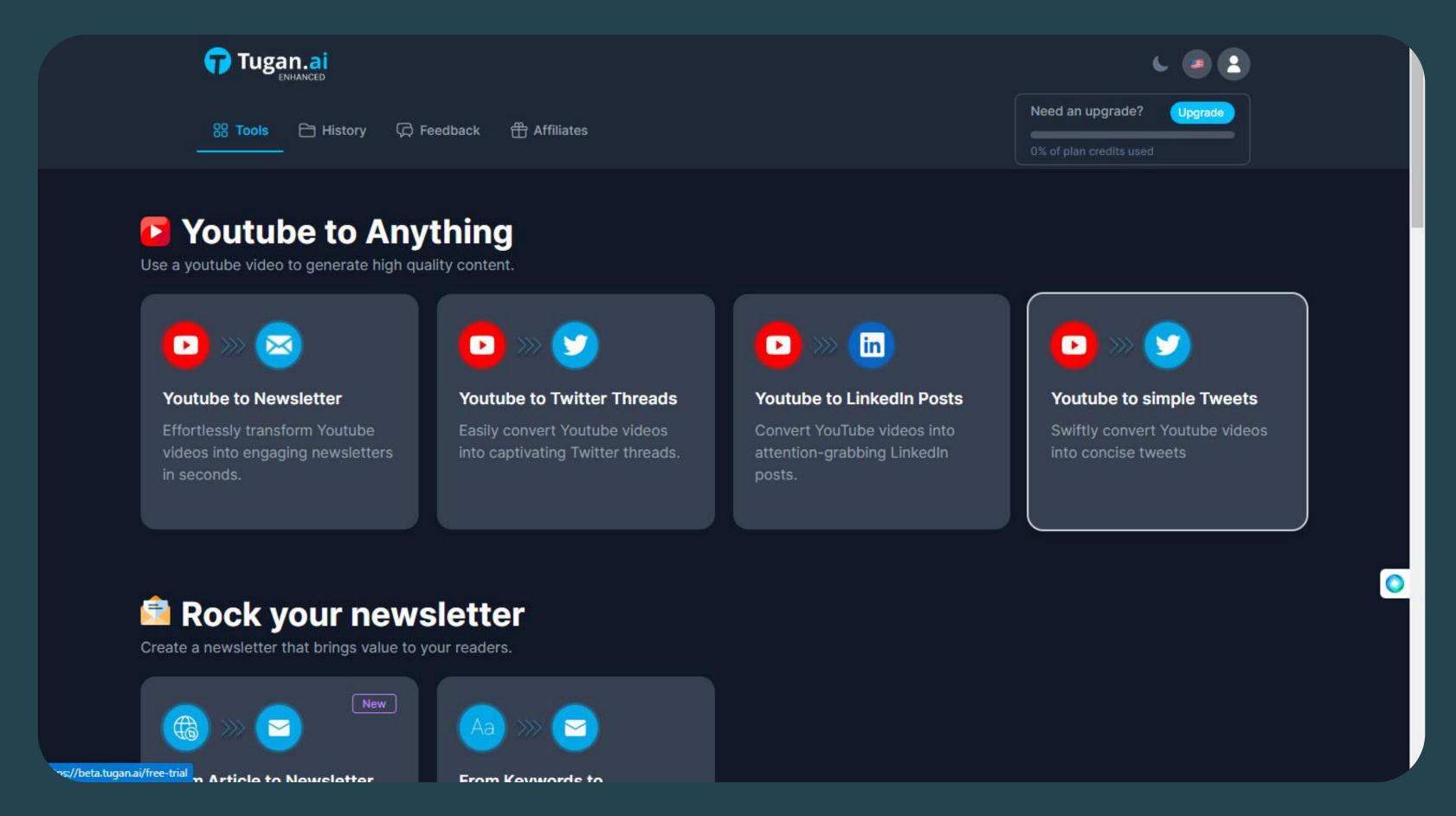


Check your inbox

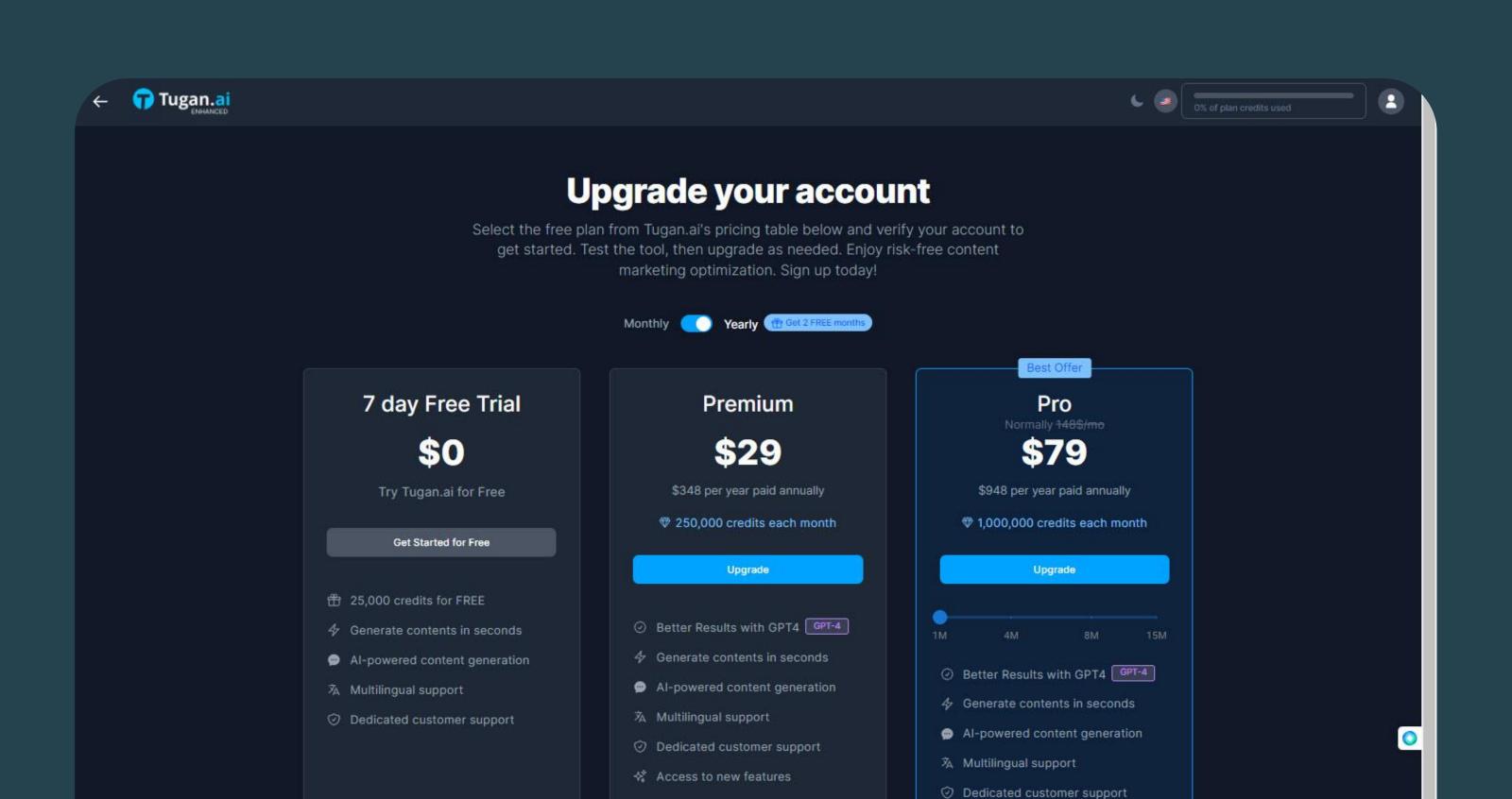
We've sent you a easy login link to the email address hewie@hewie.net, so you don't have to remember or type in yet another long password.

Open Hewie →





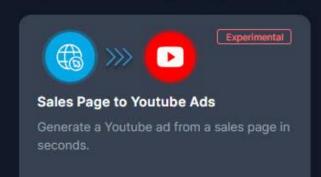
https://www.tugan.ai/



Access to new features

Effortless Ad Creation

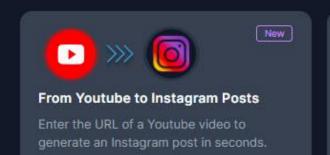
Easily create stop-scrolling and high-converting ads in no time.



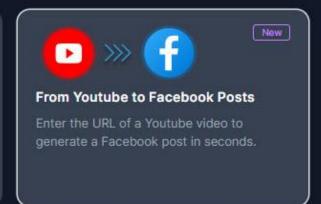


Shine on Social Media

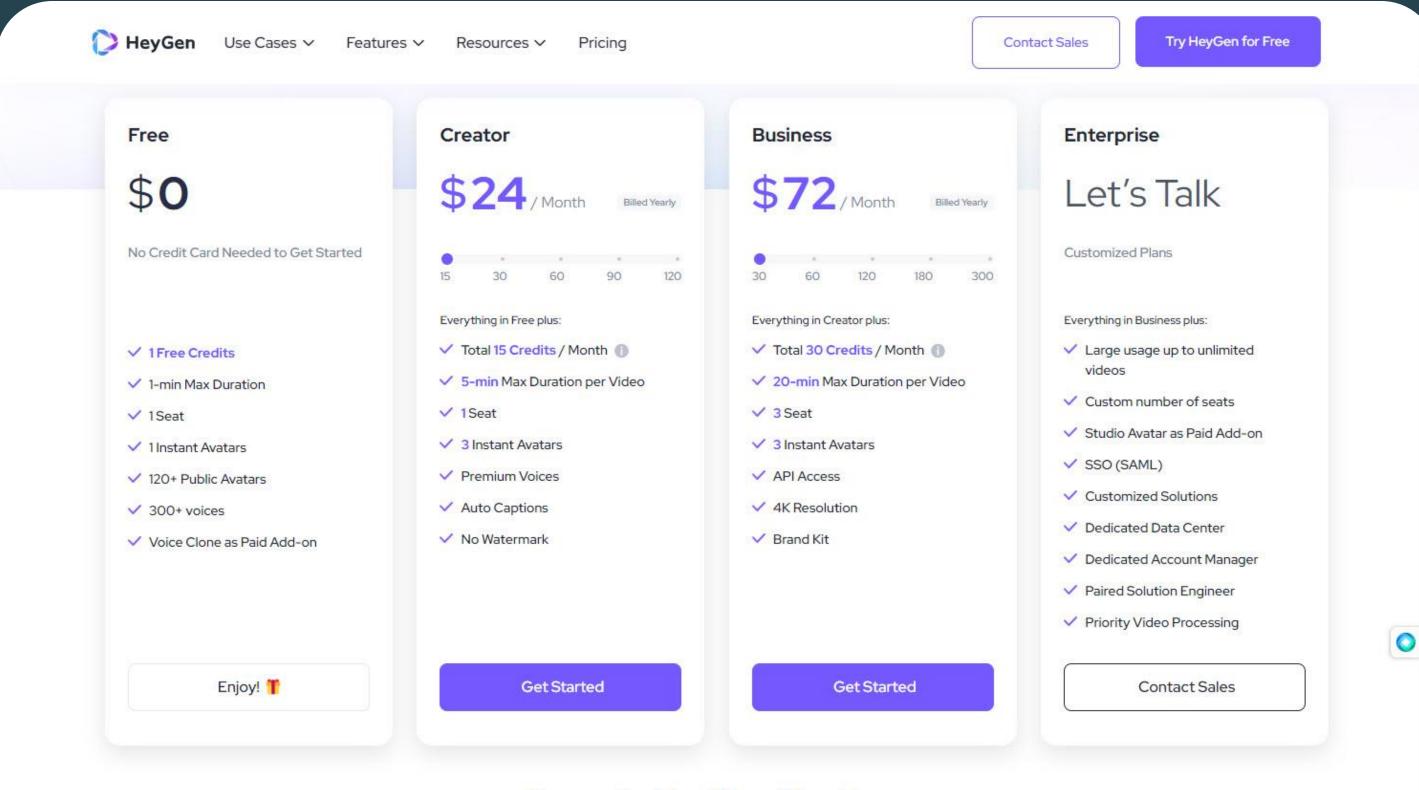
Create social media posts that bring value to your followers.











Personalize Your Plan with add-ons

Create stunning Zoom backgrounds with Al

The #1 Al Zoom background generator

Showcase your personality and make a memorable impression on your next video call

Create your backgrounds >

34,537 backgrounds already created for 15,021 happy customers

Used by employees at



























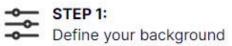








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Our Al does it's magic



Download your favorites



STEP 4:

Upload to Zoom

What's included?

Why Choose Zoomscape?

Smart moves always get Noticed

Our pricing is straightforward and aligned with your business goals.



Free

\$0

Start playing around with Notice for free

- 1 Maximum project
- 0 Collaborator
- Integrate everywhere
- Customization
- Translation
- Insights

Individual

\$19 per month

Customize your new content's home

- 2 Maximum projects
- O Collaborator
- Integrate everywhere
- Customization
- Translation (1 language)
- Insights
- Remove Notice branding
- Custom domain

Essential

\$49 per

per month

Manage smart content for your company

- 5 Maximum projects
- 3 Collaborators
- Integrate everywhere
- Customization
- Translation (5 languages)
- Insights
- Remove Notice branding
- Custom domain
- Al assistant
- Custom support and help

Team

\$199 per month

Activate content synergies for your team

- 15 Maximum projects
- 10 Collaborators
- Integrate everywhere
- Customization
- ☑ Translation (200+ languages)
- Insights
- Remove Notice branding
- Custom domain
- Al assistant
- Custom support and help

Enterprise

Let's talk

Customize your experience with our enterprise-grade solution

- Custom integrations ondemand
- Custom number of workspaces
- Everything in Team
- Premium CDN
- SSO enabled
- On-Premise data
- Ontent and SEO audit





Smart moves always get Noticed

Our pricing is straightforward and aligned with your business goals.



\$0

Start playing around with Notice for free

1 Maximum project
0 Collaborator
② Integrate everywhere
② Customization
② Translation
③ Insights

\$23 per month

Customize your new content's home

2 Maximum projects
0 Collaborator
② Integrate everywhere
② Customization
② Translation (1 language)
② Insights
② Remove Notice branding
③ Custom domain

\$59 per month

Manage smart content for your company

5 Maximum projects
3 Collaborators
© Integrate everywhere
© Customization
© Translation (5 languages)
© Insights
© Remove Notice branding
© Custom domain
© Al assistant
© Custom support and help

\$239 per month

Activate content synergies for your team

15 Maximum projects
10 Collaborators

Integrate everywhere

Customization

Translation (200+ languages)

Insights

Remove Notice branding

Custom domain

Al assistant

Custom support and help

Team

Let's talk

Customize your experience with our enterprise-grade solution

□ Custom number of projects
□ Custom number of collaborators
□ Custom integrations ondemand
□ Custom number of workspaces
□ Everything in Team
□ Premium CDN
□ SSO enabled
□ On-Premise data
□ Content and SEO audit

Enterprise

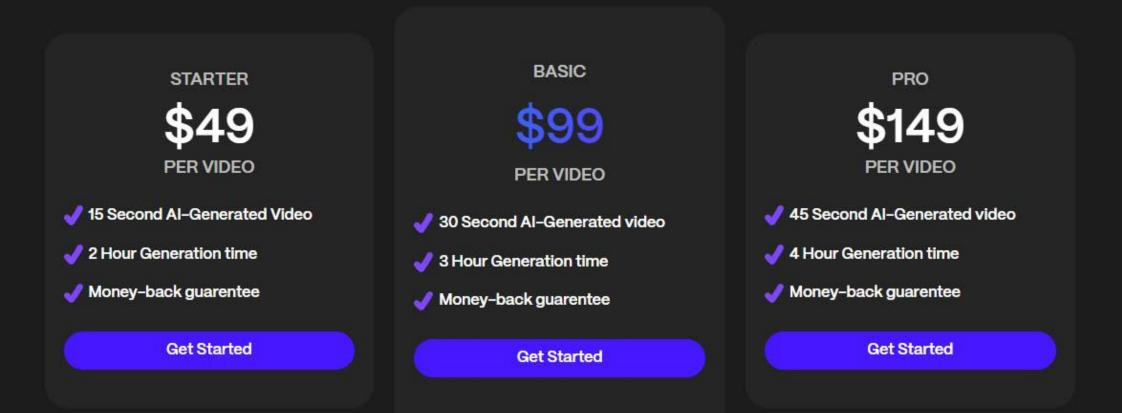






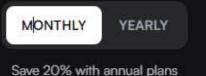
Premium quality without the premium price

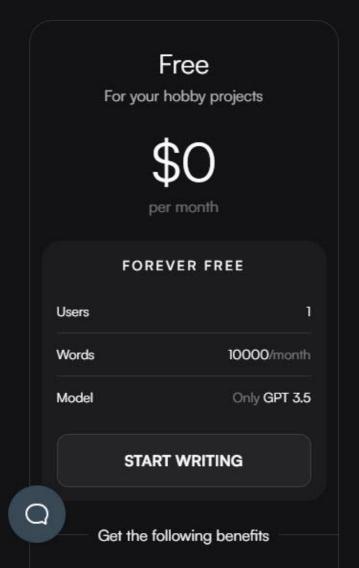
Create stunning product launch videos that look like they were created by a studio.

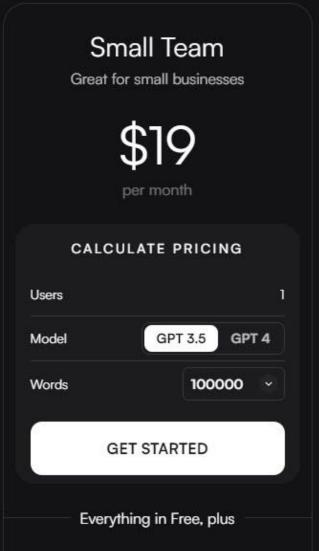


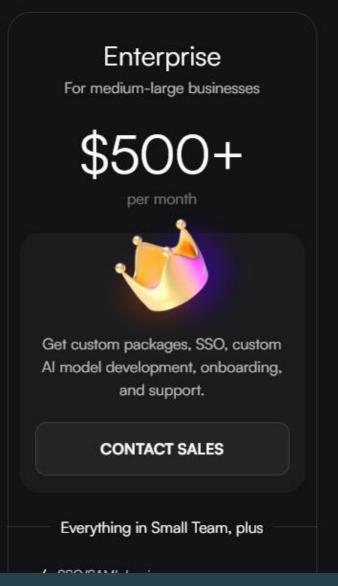
You will be redirected to a form to complete after placing your order

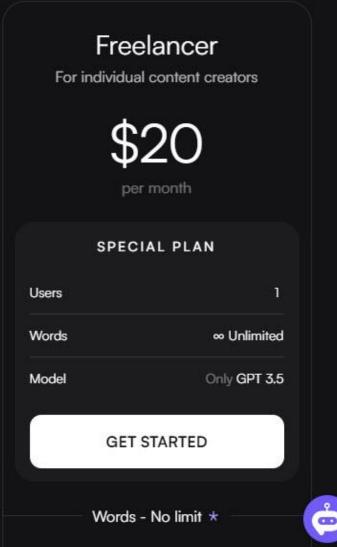












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Sign In To Claim



Welcome back, Hewie

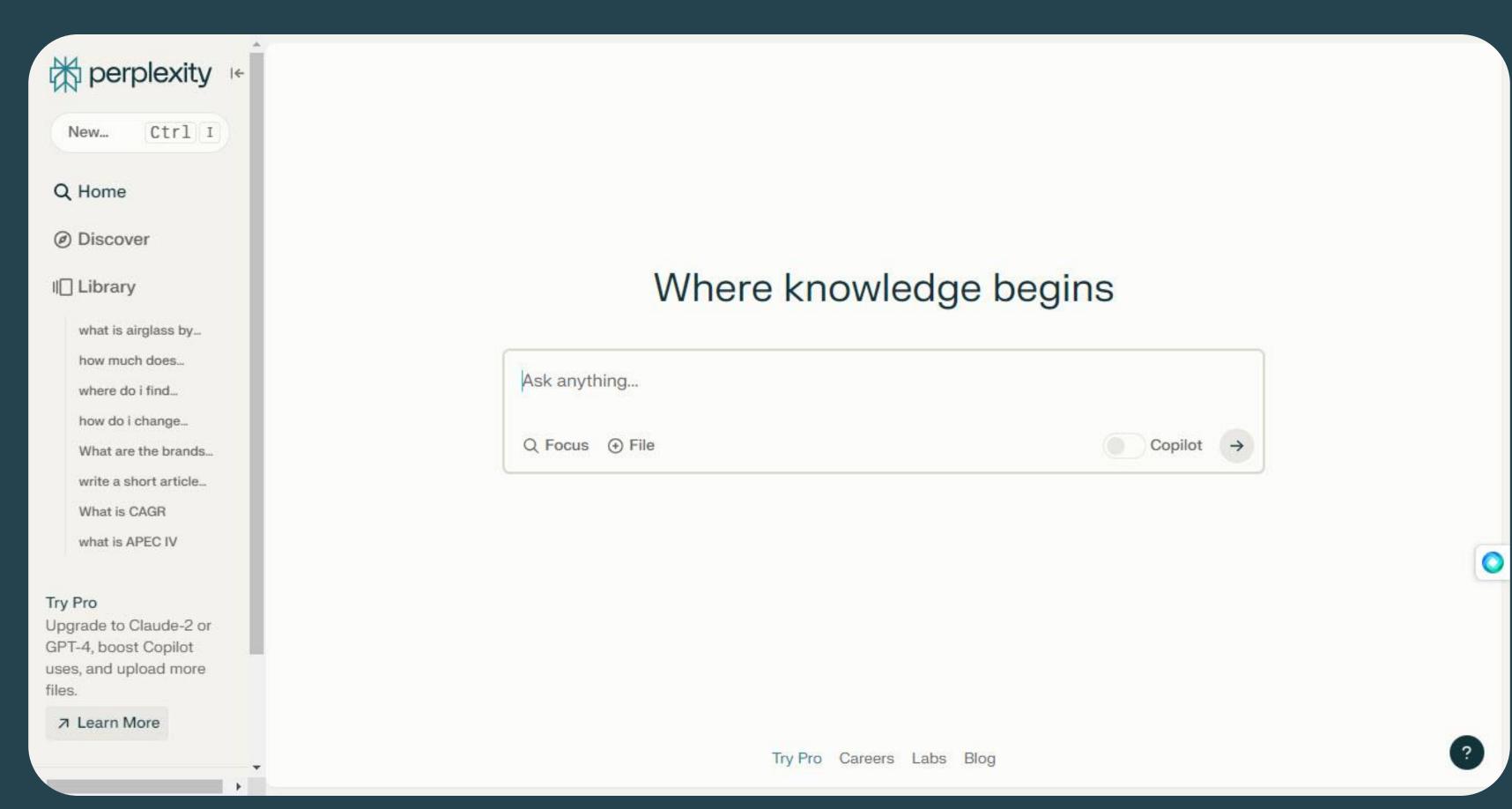
Start your first message with Claude...

Yesterday

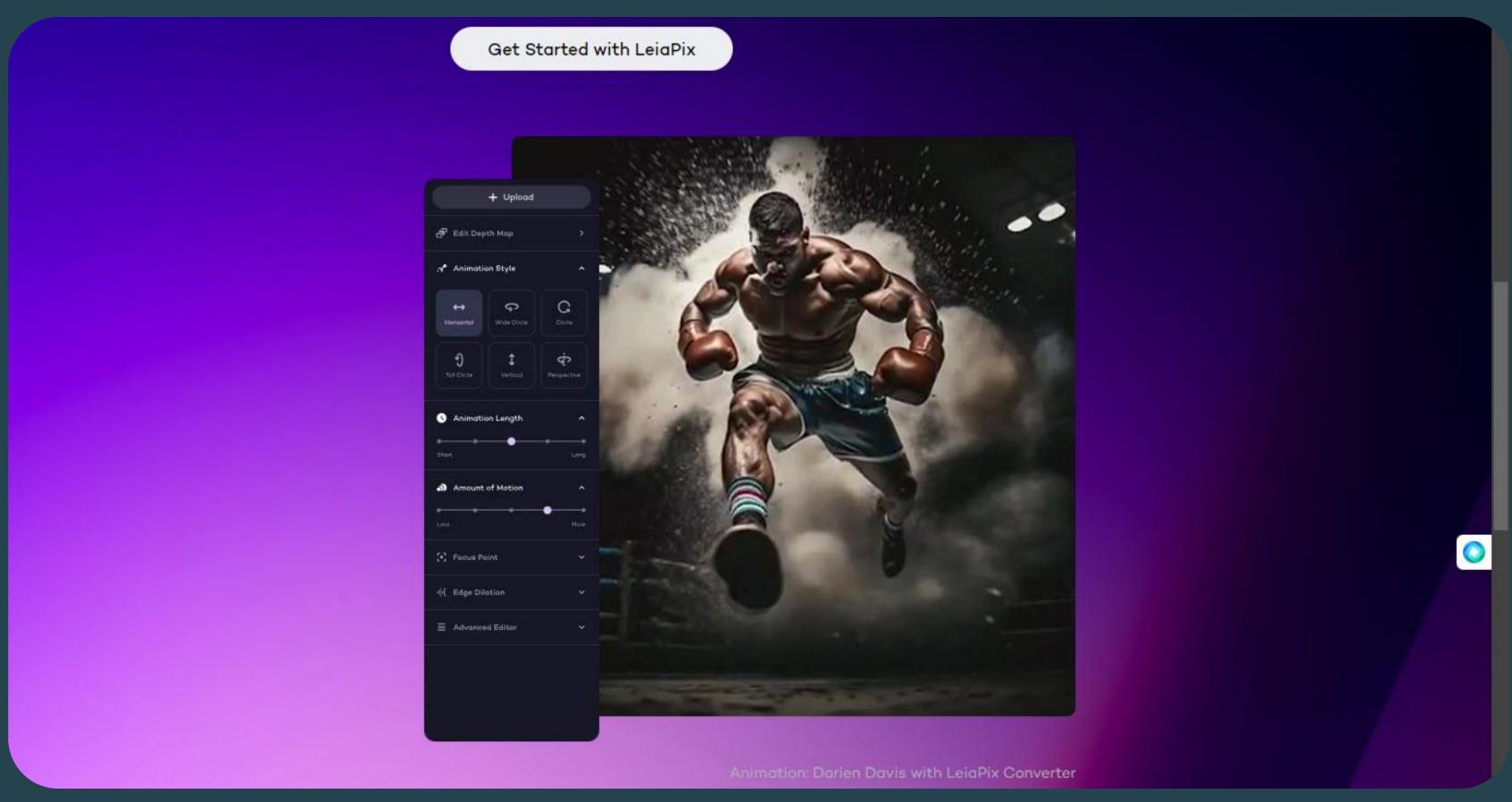
An Ode to STUG's Tech Support

3 days ago

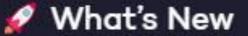
https://claude.ai/chats



https://www.perplexity.ai/



https://convert.leiapix.com/





Release 2.2 (10/25/2023)

Depth Map Editing is back!

We listened to your feedback, and we're thrilled to announce that you can now use the Depth Map Editing feature again. Dive in and finetune your 3D animations with enhanced precision.

Commercial Rights for Full Resolution MP4

For 50 credits, you can now use your Depth Animation for commercial purposes or monetization, such as in advertisements, selling products featuring the content, or using the content in a monetized YouTube video, among other scenarios.

Need More Credits?

Don't forget, you can conveniently purchase 1,000 credits for only \$10 directly from your LeiaPix account.

Leia Pix

Bring your images to life

Transforming 2D images to 3D masterpiece: With every image, we're unlocking a new realm of depth and motion. Imagine a world where memories aren't just flat snapshots but dynamic experience, where a single photo becomes a gateway to immersion.

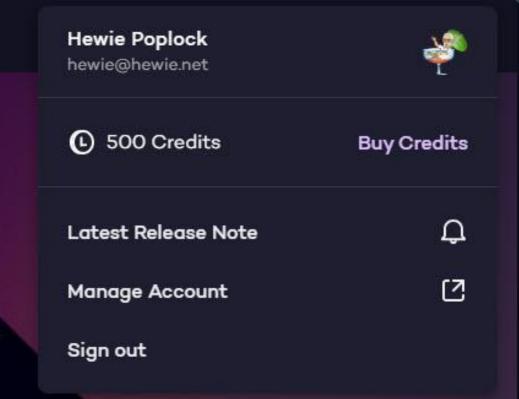
Our Al-driven 2D to 3D converter isn't just a tool - it's the future of visual storytelling. Here, your images leap into life, bridging the gap between the static and the dynamic, the old and the new.

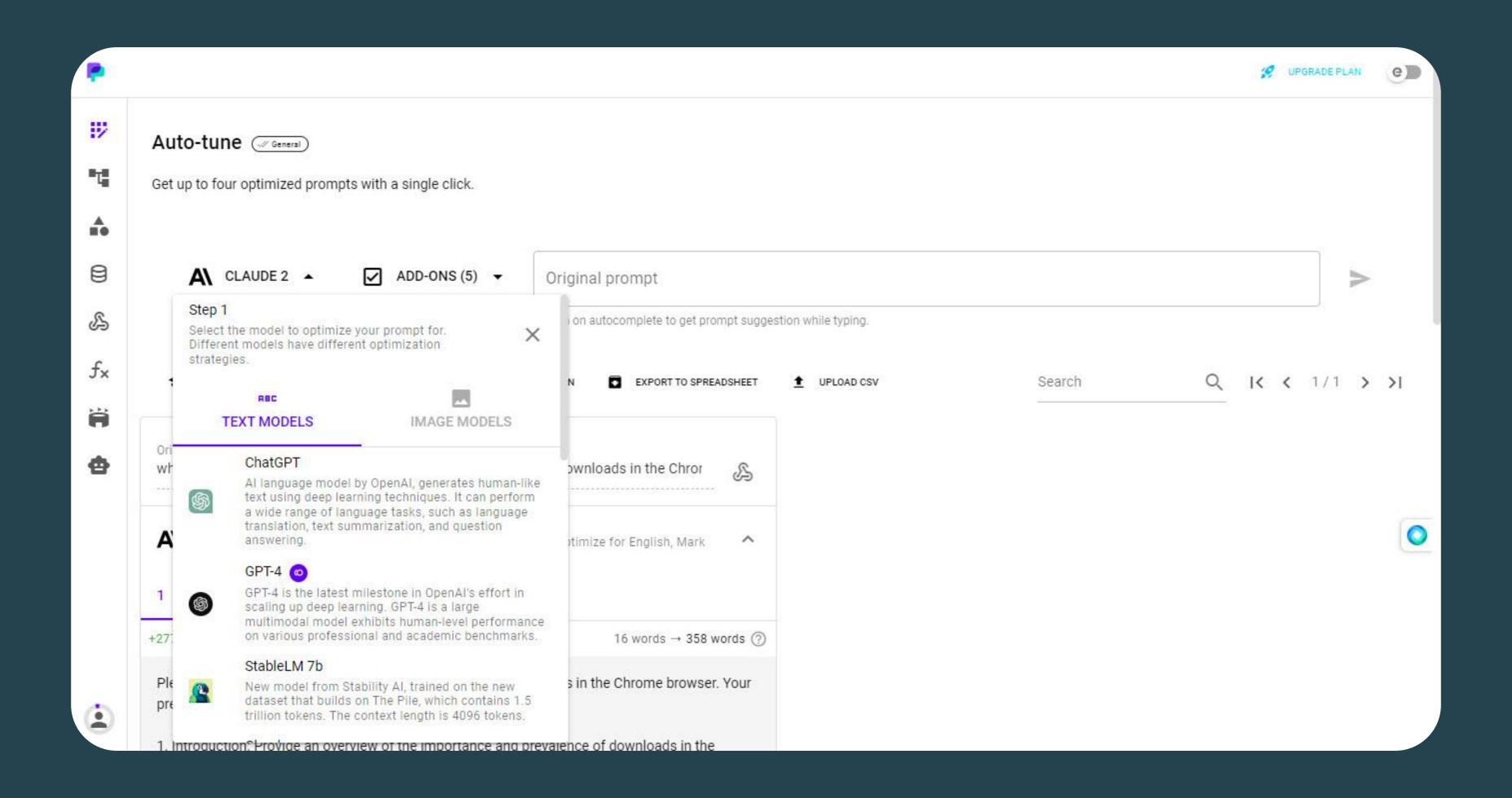
Dive deeper into your moments, and see them like never before. Refine your 3D animation using the top Al-generated depth map in the industry.

Download your creation in MP4, SBS, or share seamlessly!

Open a new account today and Get 300 Free Credits to Start!

Get Started with LeiaPix

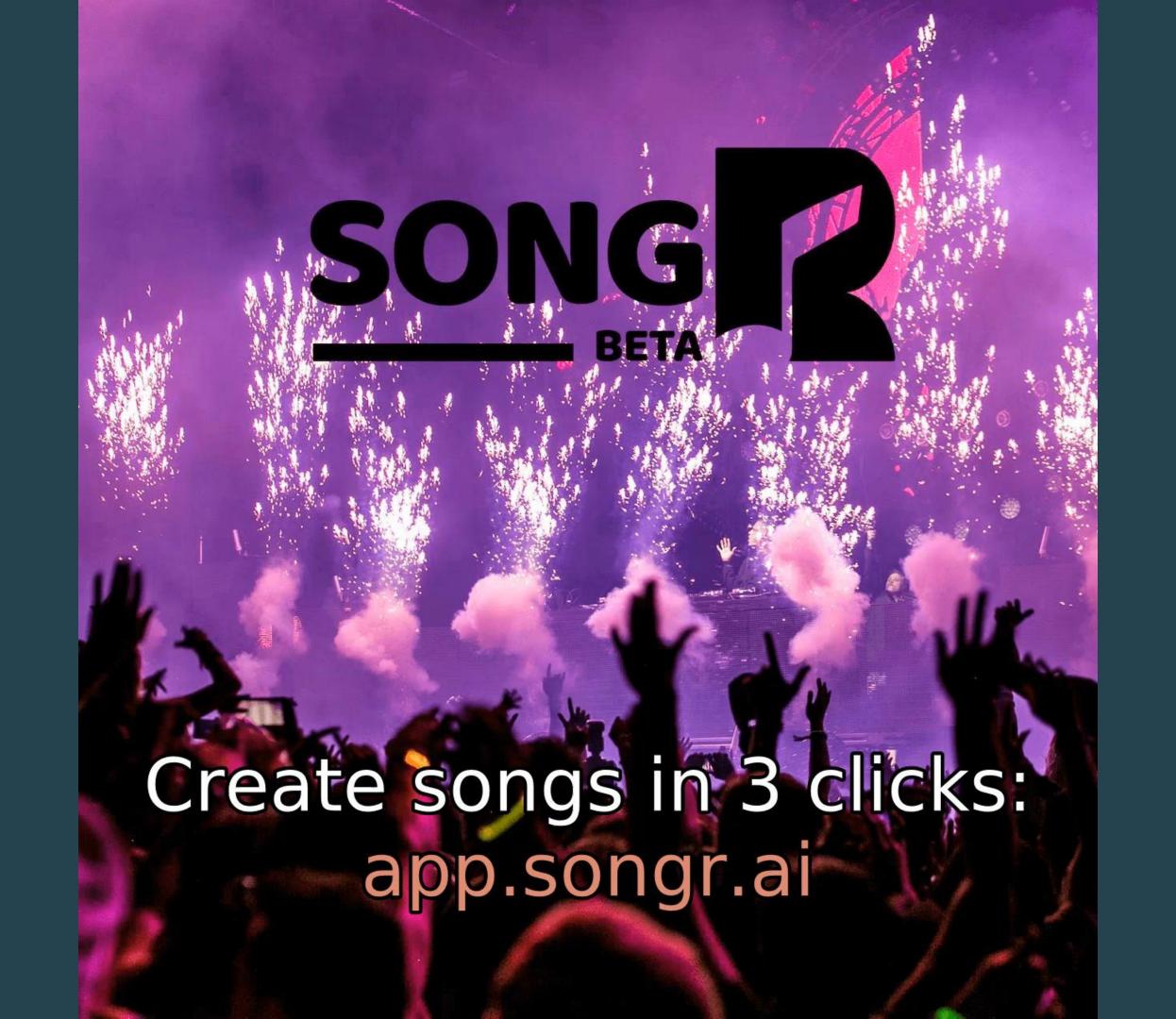


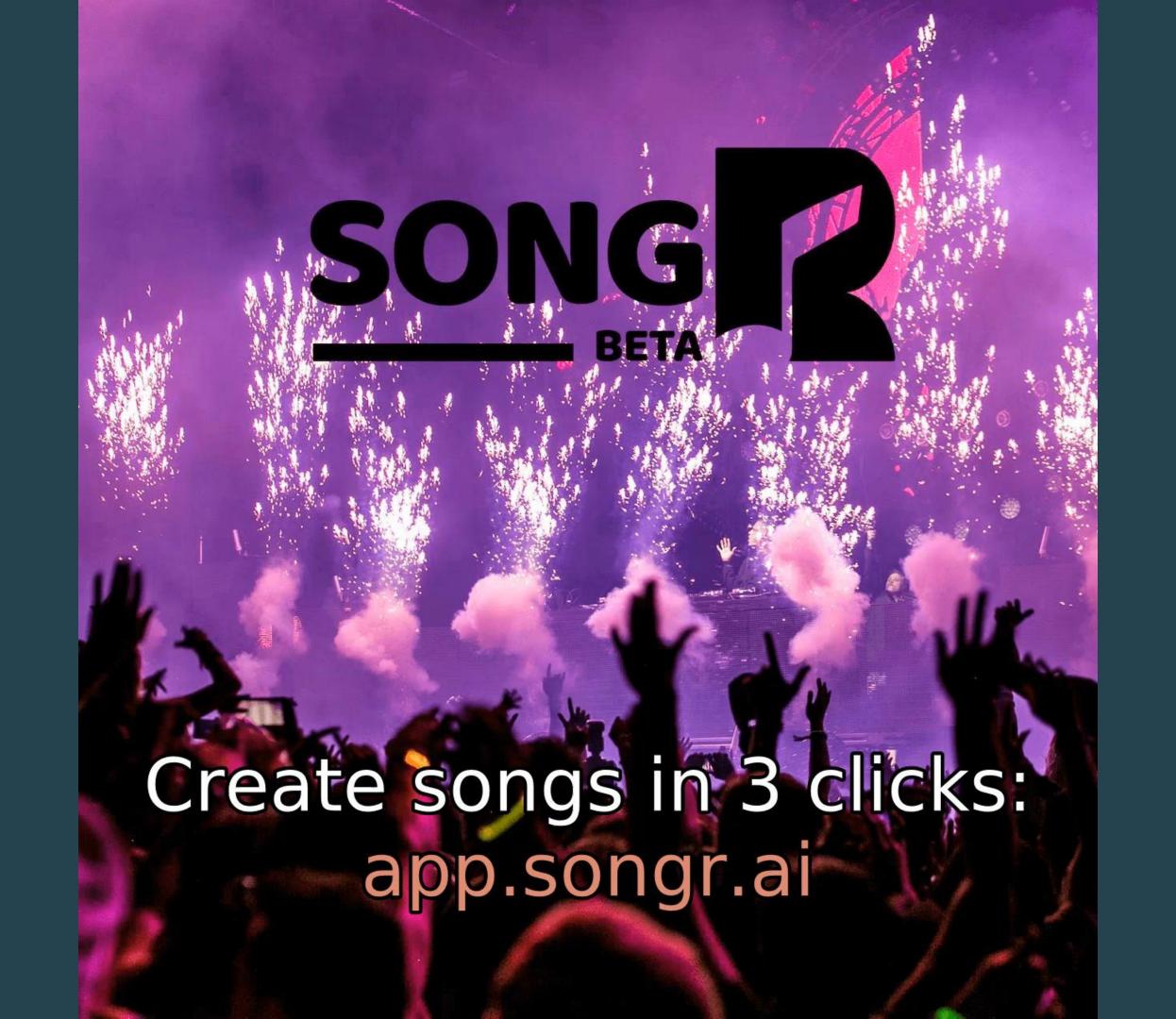


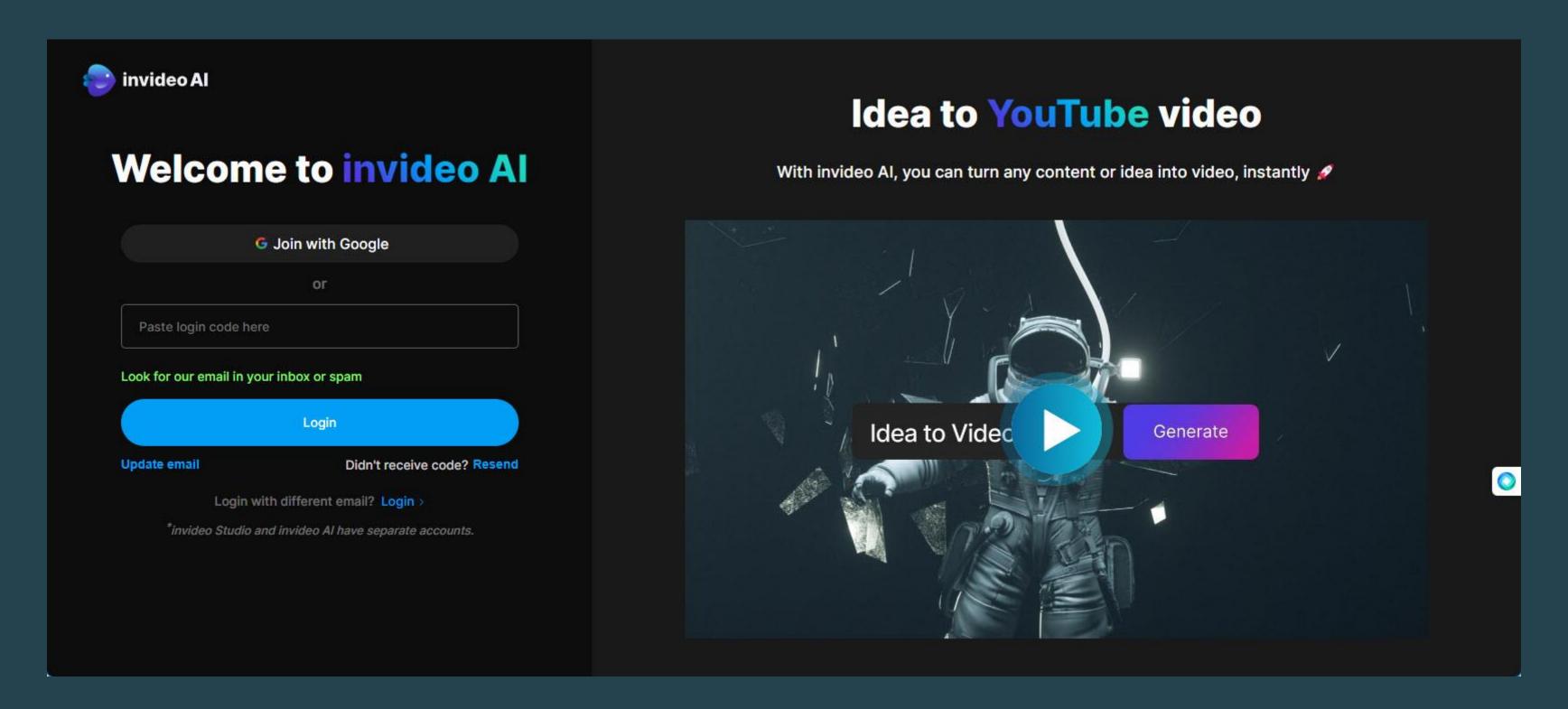
LET'S TALK Al

FRIDAY MAY 26 1:00PM

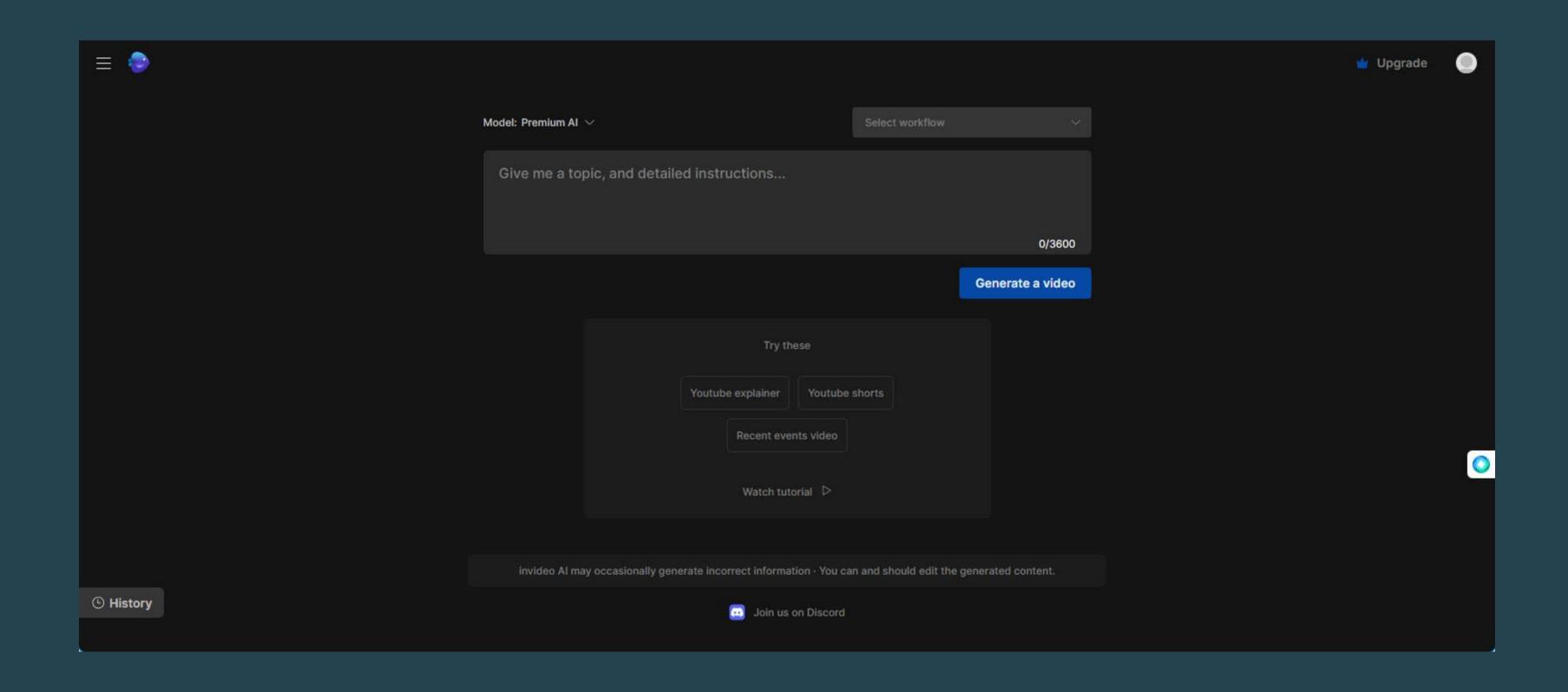


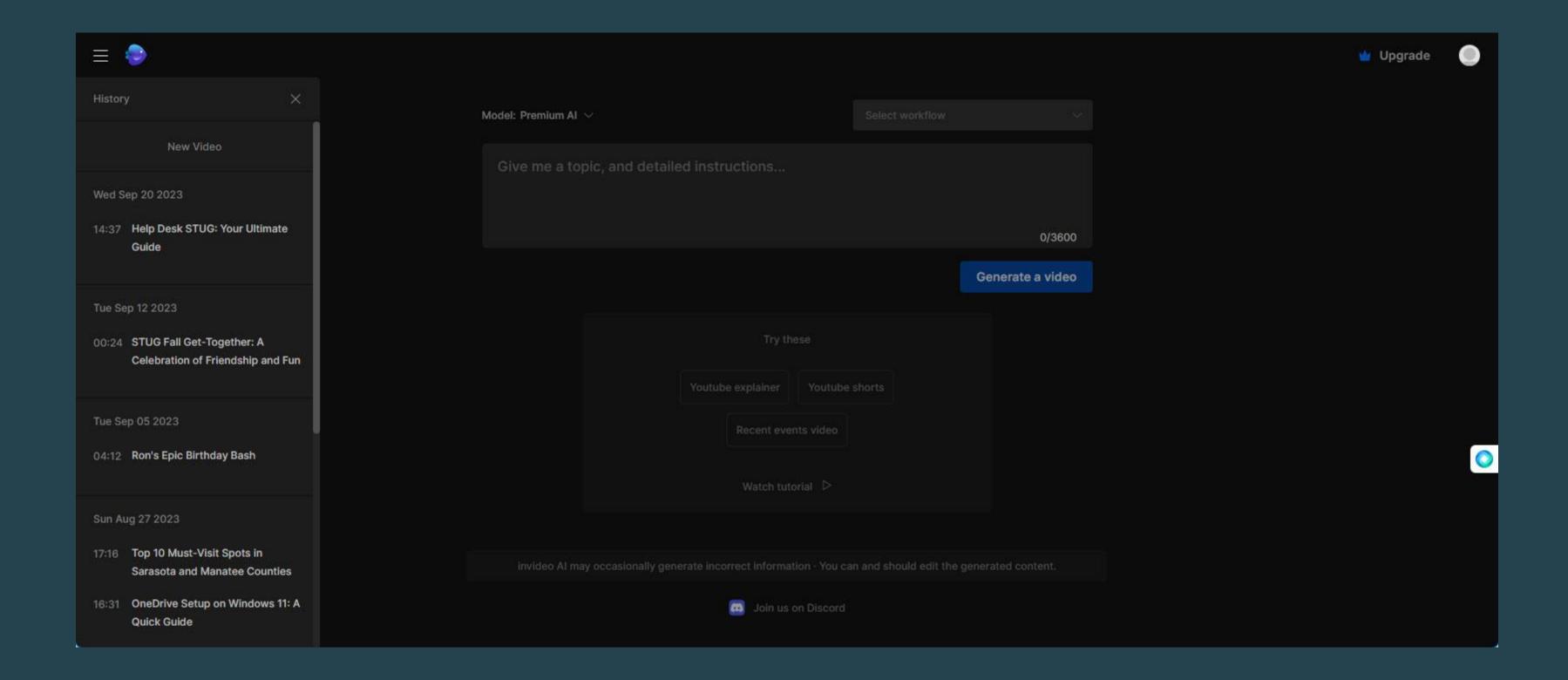


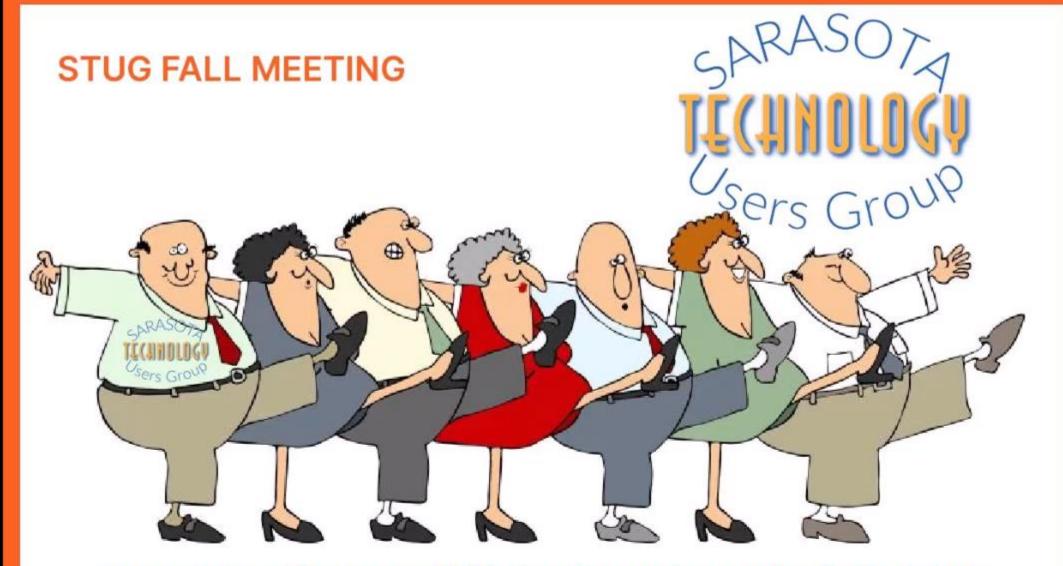




https://invideo.io/







Remember that song? Well, now, we're taking it literally!

See you in September! STUG Gathering

When the summer's thru: Wednesday September 27 2023 from 12:30 to 2:30

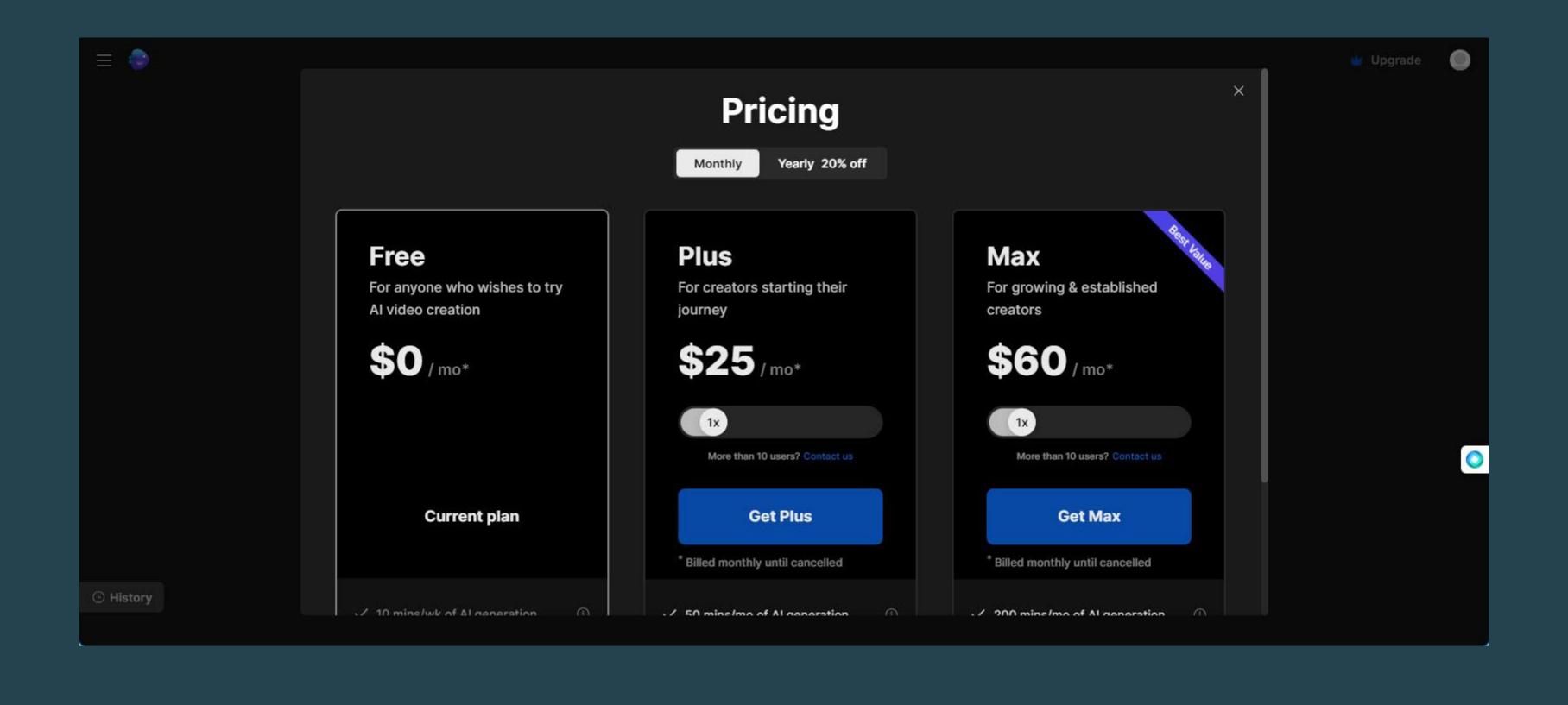
Where: Turtle Rock Community Center, 8500 Turtle Rock Blvd, Sarasota (Just off Central Sarasota Parkway)

Why: To greet old friends and make new ones, have a deli lunch, play Trivia, win prizes, celebrate fall and STUG! If you have a friend interested in tech, bring them!

Cost: \$5 per person to cover lunch, cash at door. Bring a friend, bring a dish if you wish, bring your best party game playing skills.

How: Register at http://tinyurl.com/STUGfallmtg

Will we see you in September?





Bring any image to life









Never Gonna Give Love You Up



What Is Haddaway



Dragostea Din Tei **OZone**



Moves Like Jagger Maroon 5

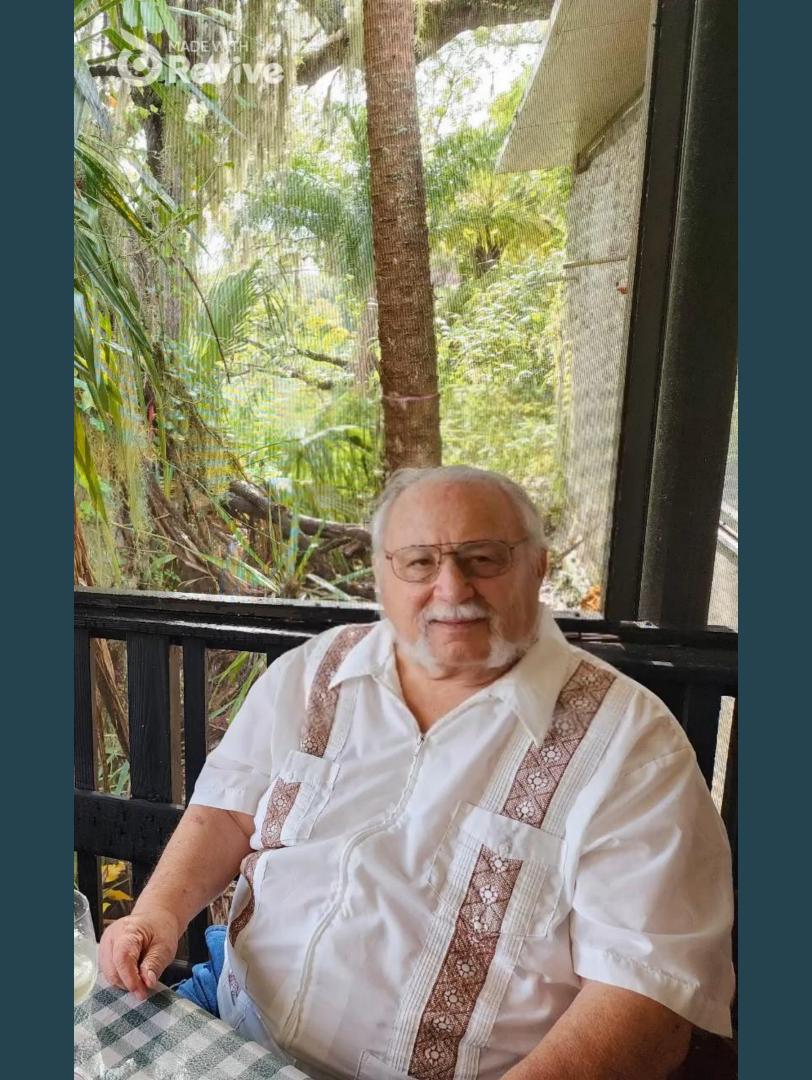


I Love Rock 'n' Roll Joan Jett



Con Tog The

https://reface.ai/revive/#w-tabs-0-data-w-pane-3



Here are some common issues and concerns that people have with AI:

- Unemployment There is concern that as AI systems become more capable, they may displace human workers in certain jobs and industries. This could disrupt economies and leave many people unemployed.
- Bias Al systems can pick up biases from their training data. This can lead to issues like racial, gender, or other discrimination. Ensuring Al is fair and unbiased is an ongoing challenge.
- Accountability When AI systems make mistakes or cause harm, determining who is responsible can be difficult. How do we ensure there is transparency and accountability?
- Autonomy As AI becomes more advanced, there are concerns about it operating independently without human oversight and control. Could AI become too autonomous?

- Existential threat In the long run, some worry advanced AI could become uncontrollable and threaten humanity if precautions are not taken. There are concerns about an existential safety risk from artificial superintelligence.
- Privacy Large AI systems are often data-hungry. Collecting the data required to train advanced AI can raise privacy issues. Data security is also a concern with AI systems.
- Ethical issues The complexity of AI raises many ethical questions about things like inherent biases, transparency, accountability and more. Developing ethical AI is an ongoing challenge.
- Lack of trust If the public does not trust or understand AI, they may resist its adoption. More work needs to be done to build trust and acceptance of AI technology.

Common issues range from socioeconomic concerns to technical challenges to existential threats. Advancing AI responsibly and addressing these issues is critical.

Here is a summary of the key points from the fact sheet:

President Biden Issues Executive Order on Safe, Secure, and Trustworthy

Artificial Intelligence

October 30, 2023

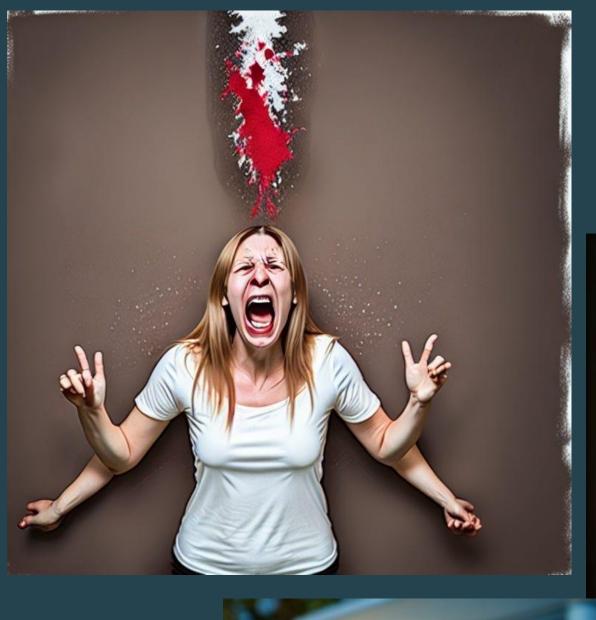
From a fact sheet from the Presidential Briefing Room and summarized by Claude Al

- President Biden issued an executive order to set new standards and rules for developing artificial intelligence (AI) technology responsibly. This will help ensure AI is safe, secure, and trustworthy.
- The order requires companies making advanced AI systems to share test results with the government, so any risks or issues can be identified before the systems are made public. Standards will be developed for testing AI safety.

- The order aims to protect people's privacy when using AI, especially for kids. It
 calls on Congress to pass data privacy laws. Agencies will be required to evaluate
 how they collect data to train AI systems.
- The order seeks to prevent AI from discriminating or worsening existing biases.
 Guidance will be provided to agencies and contractors to avoid algorithmic discrimination.
- It looks to protect consumers from harm by establishing oversight and reporting of unsafe AI healthcare practices. Resources will help educators deploy AI tools properly in schools.
- The order calls for developing best practices to protect workers from job displacement, unfair hiring practices, or workplace surveillance from AI. Study of AI's labor impacts will inform support for affected workers.

- It promotes innovation by providing access to AI resources and data for researchers and small businesses. Visa programs will be updated to enable skilled AI experts to work in the U.S.
- International collaboration will be expanded to advance safe and responsible AI worldwide. AI standards will be developed with global partners.
- Government use of AI will be made more responsible through new guidance, faster procurement, hiring of experts, and employee training.

In summary, the order establishes guardrails, standards and protections to ensure AI is developed and used in a responsible way that benefits society.











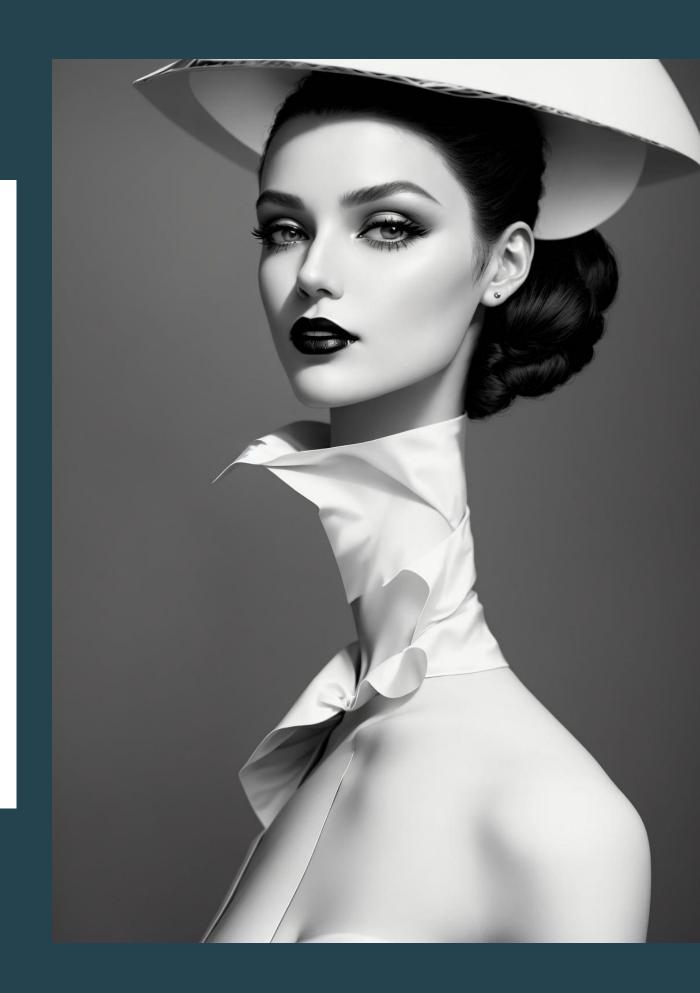
Al Gone Wrong

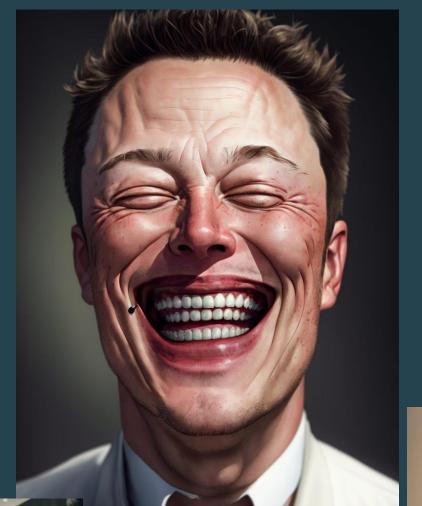
The prompt: A beautiful lady smiling, natural sunlight, professional photoshoot

The image:

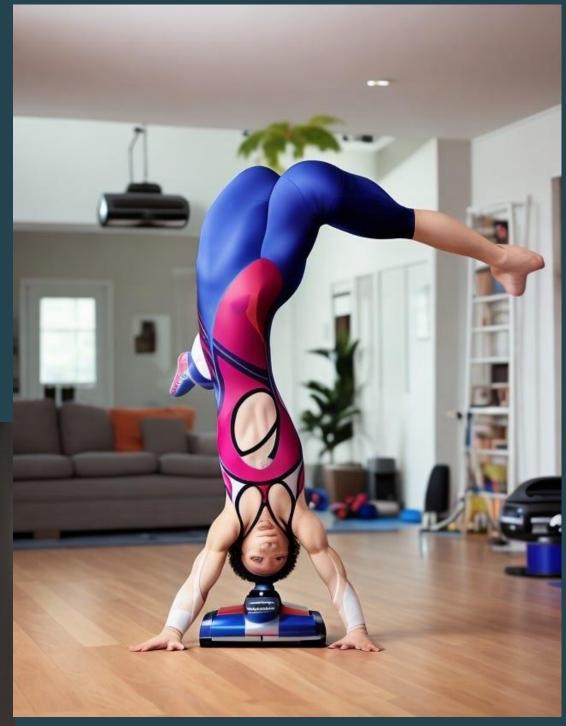


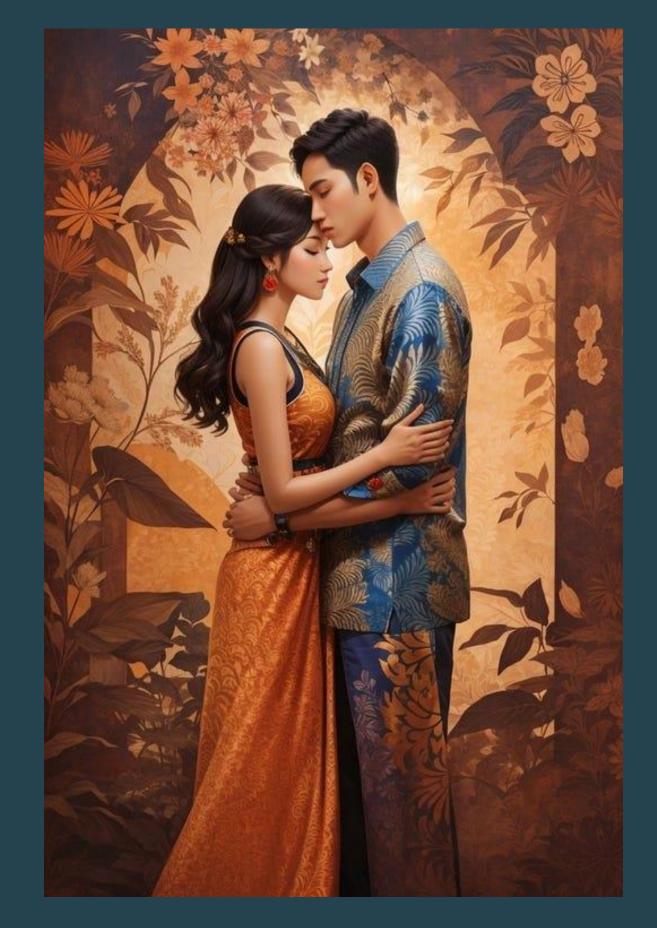
Have any Al gone wrong images? ♥ Share them here













Questions?



Embracing the Al Age

With Practical

Applications for Seniors

By Hewie Poplock

















